

# Louisiana Nursing Home Quality Improvement

Randy Davidson, Director of Rate and Audit





**Proudly Presented through a Partnership between:**

- **Louisiana Department of Health**
- **Louisiana Nursing Home Association**
- **LSU Health Sciences Center-Shreveport**

# Project Overview

## ➤ History

- Dr. Rebekah Gee became the Louisiana Department of Health's Secretary in January 2016.
- Dr. Gee is focused on Quality Improvement of all health care services.
- MDS Casper Data Quality Measures were reviewed to identify areas in need of addressing for nursing facilities.

Quality Measure	Louisiana Average	National Average
Percentage of long-stay residents experiencing one or more falls with major injury	3.30%	3.30%
Percentage of long-stay residents with a urinary tract infection	5.10%	4.80%
Percentage of long-stay residents who self-report moderate to severe pain	7.50%	8.20%
Percentage of long-stay high-risk residents with pressure ulcers	7.50%	5.80%
Percentage of long-stay low-risk residents who lose control of their bowels or bladder	39.50%	46.60%
Percentage of long-stay residents who have/had a catheter inserted and left in their bladder	2.60%	3.00%
Percentage of long-stay residents who were physically restrained	1.50%	0.80%
Percentage of long-stay residents whose ability to move independently worsened	16.20%	18.20%
Percentage of long-stay residents whose need for help with daily activities has increased	17.20%	15.40%
Percentage of long-stay residents who lose too much weight	7.30%	7.10%
Percentage of long-stay residents who have depressive symptoms	1.80%	5.40%
Percentage of long-stay residents who received an antianxiety or hypnotic medication	26.50%	23.60%
Percentage of long-stay residents assessed and given, appropriately, the seasonal influenza vaccine	95.10%	94.50%
Percentage of long-stay residents assessed and given, appropriately, the pneumococcal vaccine	94.60%	93.40%
Percentage of long-stay residents who received an antipsychotic medication	21.50%	17.20%

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# Pressure Ulcer Quality Improvement Plan

- Identify stakeholders with appropriate experience
  - Louisiana Nursing Home Association (LNHA)
  - LeadingAge Gulf States
  - Louisiana State University Health Sciences Center Shreveport
- Create a plan focused on Collaboration, Education and Monitoring
- Create tools that better identify the quality of care provided in nursing facilities

# Pressure Ulcer Quality Improvement Plan

## ➤ Collaboration

- Louisiana Department of Health (LDH), Medicaid, Office of Aging and Adult Services (OAAS), Health Standards and Office of the Secretary
- Louisiana Nursing Home Association (LNHA)
- LeadingAge Gulf States
- LSU Health Sciences Center Shreveport
- Providers

# Pressure Ulcer Quality Improvement Plan

## ➤ Education-Phase 1

- Recorded webinars to provide training on prevention and treatment of pressure ulcers
- Develop 3 distinct educational tracks:
  - Administrative: geared toward facility administrators and fiscal managers
  - Advanced clinical: geared toward DON's and trained wound care nurses/therapists/dieticians, etc
  - Front Line clinical: geared toward floor nurses, certified nursing assistants, technicians, etc



# Pressure Ulcer Quality Improvement Plan

## ➤ Education-Phase 1

- Webinars will be placed on a LDH webpage dedicated to Nursing Home Quality Improvement.
- Viewers are required to login. LDH will have logs of participants and can track who has and hasn't participated. All providers are encouraged to participate.
- Live webinars will be offered quarterly to review progress and update the facilities while allowing for questions and input.

# Pressure Ulcer Quality Improvement Plan

## ➤ Trainers

- **Stanley K. McCallon PT, DPT, CWS**

- Associate Professor – LSUHSC-S Physical Therapy program
- Assistant Dean of Clinical Services for outpatient clinics at LSUHSC-S School of Allied Health Professions
- 20 years of wound care experience as physical therapist and certified wound specialist in acute, long term care, outpatient and rehab settings.
- Primary author of multiple publications on wound management topics including pressure ulcer care
- Past President of the American Board of Wound Management in Washington DC.

# Pressure Ulcer Quality Improvement Plan

## ➤ Trainers

- **Tara Roberts, PT**

- VP of Rehabilitation and Wound Care Services Nexion Health Management, Inc.
- Licensed Physical Therapist for 21 years
- Solely LTC/SNF for last 14 years
- Skin and Wound Care program Developer, Trainer and Speaker
- Member AHCA Quality Improvement Committee, AHCA Future Leader, NASL Board of Governors
- Co-Chair LDH/LNHA PrU QM Initiative
- CMS PrU TEP Participant

# Pressure Ulcer Quality Improvement Plan

## ➤ Trainers

- **Tanya Procell, RN ADN**

- Director of Clinical Services for Provider Professional Services, Pathways Management
- Associate Degree in Nursing, Northwestern State University
- Over 20 years experience in Long Term Care
- Positions held: CNA, ADON, DON, Nurse Consultant, Medicare Specialist and Director of Medicare Services

# Pressure Ulcer Quality Improvement Plan

## ➤ Education-Phase 2

- Input from all providers using Survey Monkey. A link to an electronic questionnaire will be sent by email from LDH to all nursing homes.
- Focused on gathering data on your facility's staff experience, protocols and administrative support related to pressure ulcer care
- This is an opportunity to tell LDH what training you'd like to see offered.

# Pressure Ulcer Quality Improvement Plan

## ➤ Education-Phase 3

- On-site training for facilities that appear to need additional assistance based on MDS Casper data and other factors
- LSUHSC-S will provide intensive on-site educational outreach to direct care staff at 50 nursing facilities statewide.
- Funded by a grant approved by the Centers for Medicare and Medicaid Services (CMS)

# Pressure Ulcer Quality Improvement Plan

## ➤ Monitoring

- Quality committee will continue to monitor MDS Casper data quarterly.
- New reporting instruments will be created to better reflect quality of care provided in nursing facilities.
- Outreach to provide training and other needed resources will be provided to facilities that appear to still need assistance.

# Questions:

- Contact Information:

Randy Davidson ([Randy.Davidson@la.gov](mailto:Randy.Davidson@la.gov))