

Pre Knowledge

Case ID _____

Pre-Knowledge Check

Today's Date _____

For each of the following indicate whether you think it can cause ("trigger") an asthma attack for ANYONE:

	Yes	No	I'm Not Sure
Tobacco smoke	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Concrete, tile, or linoleum flooring	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Animal dander from furry animals (like dogs and cats)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Cockroaches	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Snakes or reptiles	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Mold and mildew	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Smoke from a fire, fire pit, or fireplace	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Cleaning chemicals with strong odors	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Dust mites	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Pollen from plants and trees	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Outdoor pollutants like ozone, particulate matter and pollen	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Are the following statements true or not?

	Yes, True	No, Not True	I'm Not Sure
Vacuuming or wet mopping at home at least once a week can help prevent asthma attacks in a person	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Getting rid of food sources and breeding places is important to controlling and preventing pests	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Using a kitchen exhaust fan or keeping a kitchen or bathroom window slightly open will remove moisture from the air	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

- A water leak in the home can result in mold or mildew growing
- Leaky plumbing and standing water attracts pests
- Mold and mildew growing indoors can make asthma worse
- Covering a your pillow and mattress with an airtight cover can make asthma worse
- Pests like cockroaches don't make any difference to a person with asthma
- The stronger a cleaning product is (like full-strength bleach) the better it is to clean your house and prevent asthma attacks

- In addition to taking the right medication, there are other things you can do to prevent asthma attacks

- Hydrogen peroxide (up to 3%) and Ethanol (ethyl alcohol) are "asthma-friendly" disinfectants that kill the virus causing COVID-19

- You can find out how good (or not!) your outdoor air quality is by entering your ZIP code on the EPA's AirNOW website.

- Reducing physical activity, and staying indoors with the doors and windows closed, may help prevent an asthma attack when the outdoor air quality is poor.