

#### A Day in the Life of the Antimicrobial Steward and Beyond

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### **Objectives**



Review principles and goals of antimicrobial stewardship



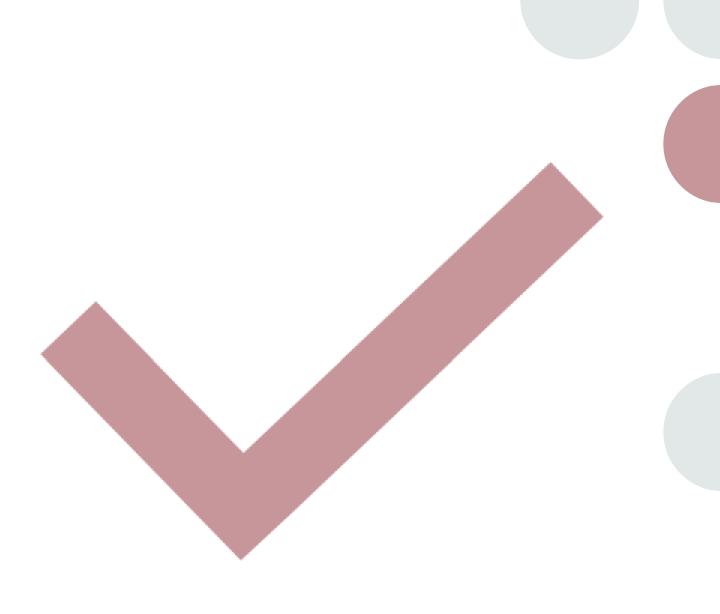
Recognize classic and modern tools of implementing antimicrobial stewardship



Implementing antimicrobial stewardship in the relatively resource limited setting



Utilizing new technologies and diagnostics and the future of antimicrobial stewardship Review Principles and Goals of Antimicrobial Stewardship





#### Antimicrobial Stewardship Principles and Goals

- Global impact of Antimicrobial Resistance (AMR)
- Right **D**rug, right **D**ose, right **D**uration, **D**eescalation (to culture directed therapy)
- Multidrug resistant organisms and the importance of reducing carbapenem pressure

Limiting Antibiotic Resistance Depends on ALL of Us!

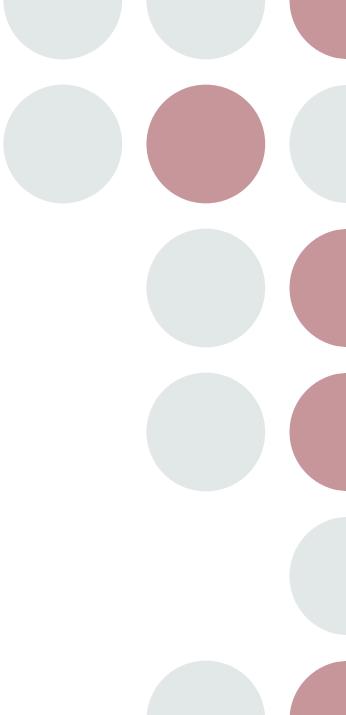


### Global Impact of Antimicrobial Resistance

- AMR caused 1.27 million deaths worldwide in 2019, more than HIV/AIDS or malaria
- AMR infections played a role in 4.95 million deaths
- Drug resistance in lower respiratory infections had the greatest impact
- Resistance to fluoroquinolones and beta lactams accounted for 70% of the deaths
- Estimates predict 10 million annual deaths by 2050

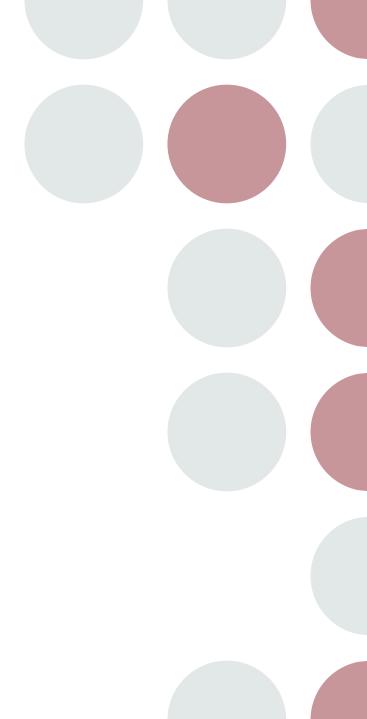
### **AMS Principles: 4D's**

- Right **D**rug
- Right **D**ose
- Right **D**uration
- De-escalation (to culture directed therapy)



### Carbapenem Pressure Reduction

- Carbapenem-resistant organisms (CROs) pose serious threats in healthcare-associated infections (HAIs)
- Multiple studies confirm the direct relationship between increased carbapenem use and an increase in infections due to CROs
- CROs are difficult to treat and contribute to the spread of resistance by horizontal transmission
- CROs increase morbidity, mortality, hospital stay, and healthcare costs

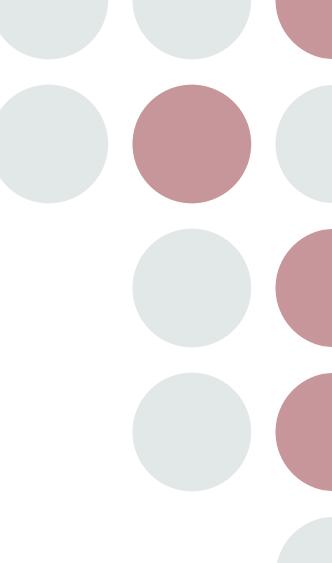


#### Classic and Modern Tools of Antimicrobial Stewardship



### Classic and Modern Tools of Antimicrobial Stewardship

- Differentiate colonization from true infection
- Durations of antibiotics for common infectious entities
- Subtleties of IV to PO conversion of antimicrobials
- General de-escalation techniques in daily antimicrobial stewardship practice
- Penicillin allergies and carbapenem alternatives in eligible patients

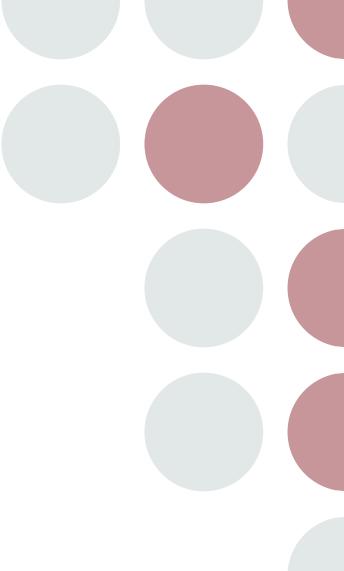


# Colonization, Contamination, Infection

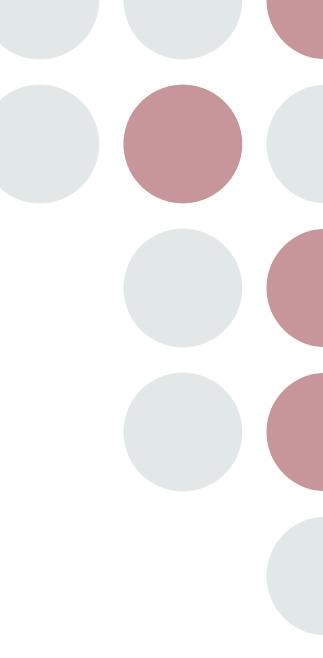


# Colonization, Contamination, Infection

- Asymptomatic bacteriuria versus true UTI
- Tracheal/respiratory colonization in tracheostomy, long term ventilation, and cavitary lung diseases
- Contaminated blood culture versus true bacteremia



- Asymptomatic bacteriuria (ASB): Bacteria in the urine in the absence of symptoms of infection
- Does not require antibiotic treatment.
- Per 2019 IDSA guidelines the only populations that require antibiotics for ASB are:
  - Pregnancy
  - Surgeries involving urinary tract



- ASB statistics:
  - Elderly in LTAC==>50%
  - Spinal cord injury==>69%
  - Long term indwelling catheter==>100%

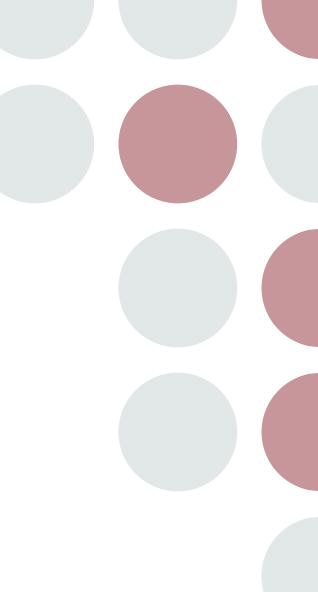
- Differentiation determined by:
  - Symptoms
  - Urinalysis
  - Alternative diagnoses

- Symptoms:
  - Pain or burning
  - Urinary frequency
  - Blood in urine
  - Fever/chills (more indicative of complicated UTI)

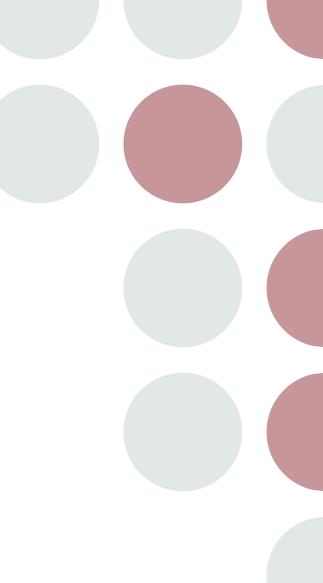
- Not symptoms:
  - Smell
  - Color
  - Change in appearance

Urinalysis:

- Pyuria is the presence of 10 or more white cells per cubic millimeter-primary indicator of UTI
- Squamous epithelial cells are indicative of colonization
- Nitrites and leukocyte esterase may be indicators of UTI, but are not diagnostic



- A urine specimen for culture should be obtained prior to initiating antimicrobials and following standard cleaning methods
- If an indwelling catheter has been in place for >2 weeks at the onset of CA-UTI and is still indicated, the catheter should be replaced preferably prior to culture



#### **Case Presentation**

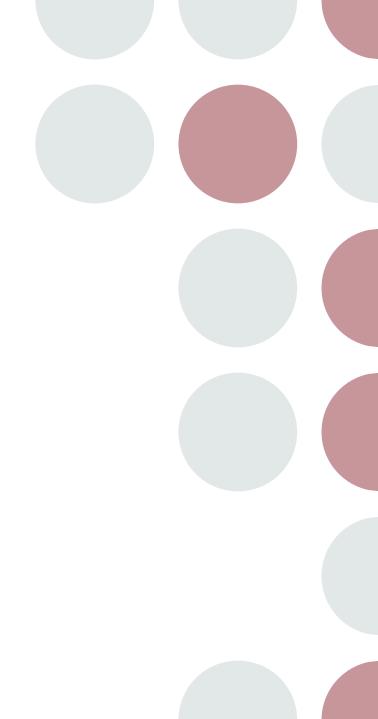
73-year-old female presents to ER with altered mental status. UA/reflex culture ordered. Results reveal WBC <5, trace leukocytes, dark color, cloudy appearance, nitrites negative. Patient started on Ceftriaxone 1gm q24. No fever.

A. Continue current antibiotics for 3-5 days

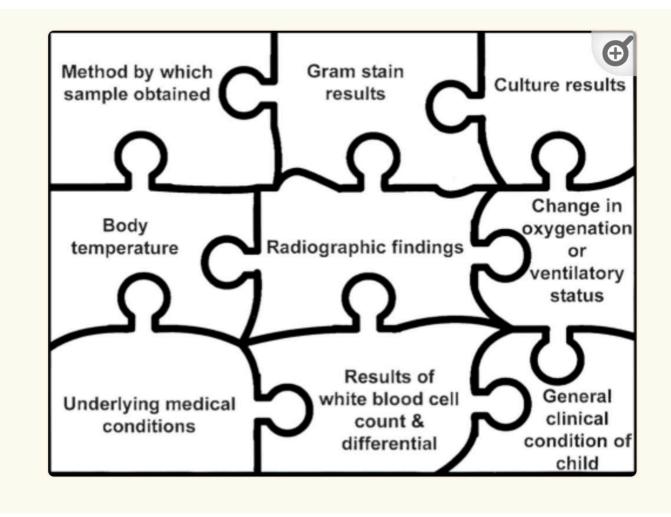
B. Likely ASB, reach out to physician to discontinue antibiotics

#### **Tracheal/Respiratory Colonization**

- Mostly in patients with tracheostomy, long term vent, or with cavitary lung diseases (bronchiectasis, CF, ILD etc.)
- Colonization is common and multiple factors need to be met to characterize it as infection



## Tracheal/Respiratory Colonization



### **Contaminated Blood Culture vs True Bacteremia**

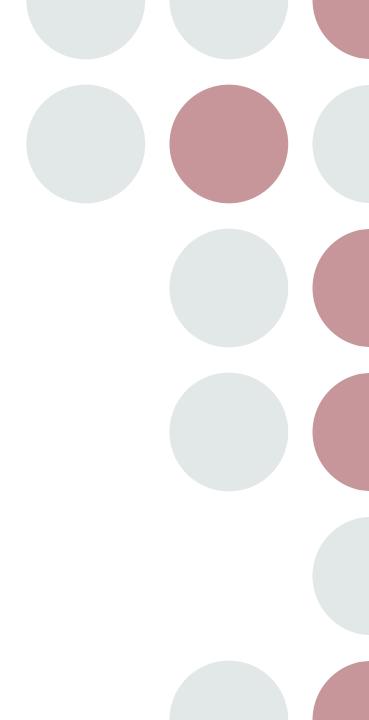
- Differentiating contamination from active pathogen with coagulasenegative staphylococci (CoNS) in blood cultures:
  - 2 sets with 4 bottles positive with same organism (based on susceptibilities)
  - Presence of hardware
  - Polymicrobial CoNS bacteremia typically represents contamination except in the right patient
  - Isolated CoNS bacteremia does not need an automatic TTE (may be warranted in patient with hardware)

#### Durations of Antibiotics for Common Infectious Entities



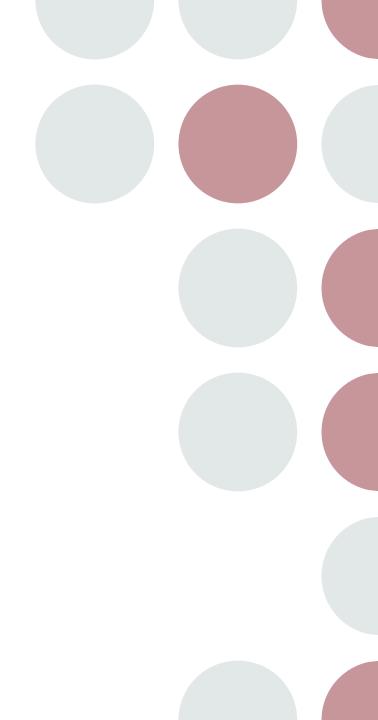
#### **Durations of Antibiotics for Common Infectious Entities**

- Urinary tract infections (UTI)
- Community-acquired pneumonia (CAP)
- Skin and soft tissue infections (SSTI)



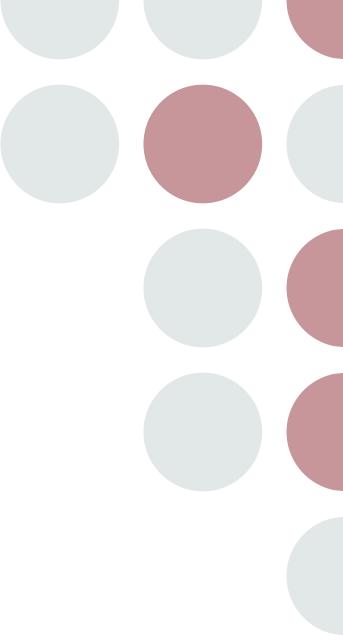
#### Durations of Antibiotics for Common Infectious Entities - UTI

- Cystitis: 3 days if uncomplicated. Consider one and done therapy
- Pyelonephritis: 7-14 days depending on the patient and clinical scenario
- 7 days is equivalent to longer courses, including bacteremia



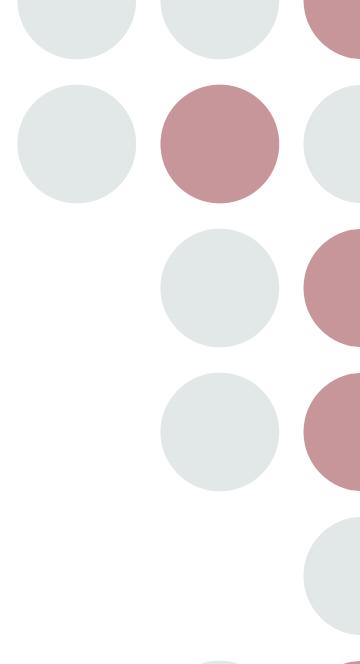
#### Durations of Antibiotics for Common Infectious Entities - CAP

- Reasonable to treat for 5 days if:
  - Patient is afebrile for at least 48 hours
  - Initial therapy was appropriate
  - No signs of extrapulmonary infection



#### Durations of Antibiotics for Common Infectious Entities - SSTI

- Aim for 5 to 10 days, despite worsened appearance (erythema, skin changes), if systemic improvement is present
- Elevation and compression is important!



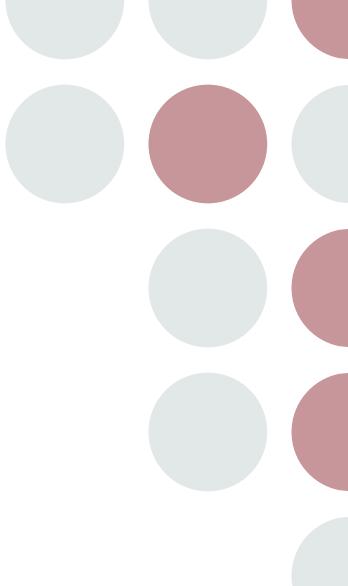


### IV to PO Conversion



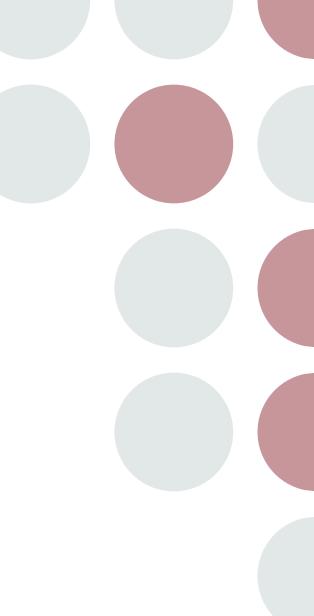
### IV to PO Conversion

- IV antibiotics for more than 48 hours
- Able to tolerate oral therapy
- Clinical improvement over the last 24 hours
- Intact gut absorption
- In cases where a prolonged course of IV antibiotics is not required (as in the case of more severe disease states)

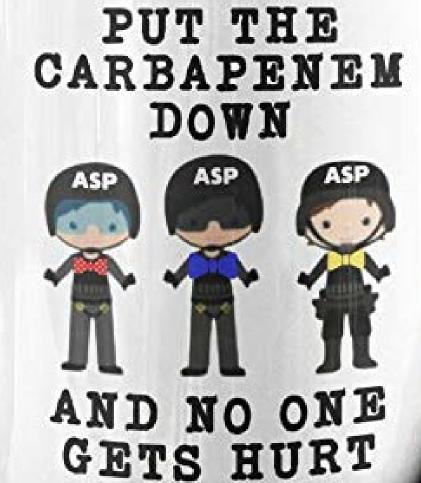


### IV to PO Conversion

Antibiotics	Bioavailability PO formulation
Ciprofloxacin	80%
Levofloxacin	100%
Clindamycin HCl	90%
Doxycycline	>90%
Linezolid	100%
Metronidazole	100%
Minocycline	90%
SMX-TMP	95%
Voriconazole	95%
Fluconazole	>90%



#### Other Carbapenem Reduction Techniques



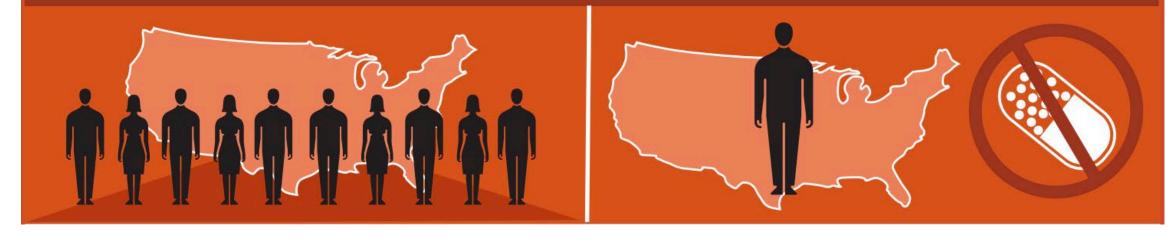
### **Daily AMS Practices**

- Narrowing spectrum of coverage based on cultures results
- Stopping double coverage
- IV to PO conversion
- Providing education to teams
- Formulary restrictions
- Stewardship rounds
- Best practice advisories (BPAs)in electronic medical record (EMR)
- Using molecular techniques to de-escalate therapy (MRSA PCR, BCID, respiratory panels etc. )

#### Penicillin Allergies and Carbapenem Alternatives



## 10% of the population reports a penicillin allergy but <1% of the whole population is truly allergic.



### **Penicillin Allergy**

#### Is it Really a Penicillin Allergy?

#### **Evaluation and Diagnosis of Penicillin Allergy for** Healthcare Professionals

#### **Did You Know?**

#### 5 Facts About Penicillin Allergy (Type 1, Immunoglobulin E (IgE)-mediated)

- 1. Approximately 10% of all U.S. patients report having an allergic reaction to a penicillin class antibiotic in their past.
- 2. However, many patients who report penicillin allergies do not have true IgE-mediated reactions. When evaluated, fewer than 1% of the population are truly allergic to penicillins.1
- Approximately 80% of patients with IgE-mediated penicillin allergy lose their sensitivity after 10 years.<sup>1</sup>
- 4. Broad-spectrum antibiotics are often used as an alternative to penicillins. The use of broad-spectrum antibiotics in patients labeled "penicillin-allergic" is associated with higher healthcare costs, increased risk for antibiotic resistance, and suboptimal antibiotic therapy.
- Correctly identifying those who are not truly penicillin-allergic can decrease unnecessary use of broad-spectrum antibiotics.<sup>1</sup>

#### 10% of the population reports a penicillin allergy but <1% of the whole population is truly allergic.



Before prescribing broad-spectrum antibiotics to a patient thought to be penicillin-allergic, evaluate the patient for true penicillin allergy (IgE-mediated) by conducting a history and physical, and, when appropriate, a skin test and challenge dose.

#### History and Physical Examination

The history and physical examination are important components when evaluating a patient's drug reactions.<sup>1</sup>

- Questions to ask during the examination:
- What medication were you taking when the reaction occurred?
- What kind of reaction occurred?
- How long ago did the reaction occur?
- How was the reaction managed?
- What was the outcome?2
- Characteristics of an IgE-mediated (Type 1) reaction:
- Reactions that occur immediately or usually within one hour<sup>1</sup>
- Hives: Multiple pink/red raised areas of skin that are intensely itchy3
- Angioedema: Localized edema without hives affecting the abdomen, face, extremities, genitalia, oropharynx, or larynx<sup>4</sup>
- Wheezing and shortness of breath
- Anaphylaxis

- Broad-spectrum antibiotics are often used as an alternative to narrow-spectrum penicillins.
- Using broad-spectrum antibiotics can increase healthcare costs and antibiotic resistance, and may mean your patient receives less than the best care.
- Correctly identifying if your patient is actually penicillin-allergic can decrease these risks by reducing unnecessary use of broad-spectrum antibiotics.

**Control and Prevention** 

National Center for Emerging and 🗕 Zoonotic Infectious Diseases



- Skin: Hives, flushing, itching, and/or angioedema
- Respiratory: Cough, nasal congestion, shortness of breath, chest tightness, wheeze, sensation of throat closure or choking, and/or change in voice-quality (laryngeal edema)
- Cardiovascular: Hypotension, faintness, tachycardia or less commonly bradycardia, tunnel vision, chest pain, sense of impending doom, and/or loss of consciousness
- Gastrointestinal: Nausea, vomiting, abdominal cramping, and diarrhea<sup>5</sup>

#### **Penicillin Skin Tests and Challenge Doses**

Based on the patient history and physical exam, additional tests may be needed to confirm a penicillin allergy.

Penicillin skin testing and challenge doses are reliable and useful methods for evaluating for IgE-mediated penicillin allergy.<sup>5</sup>

#### Penicillin Skin Testina

A positive result means the patient is likely to have a penicillin allergy. If negative, the skin test is usually followed by an oral penicillin class challenge (e.g., with amoxicillin) to safely rule out an IgE-mediated penicillin allergy.<sup>1,7</sup>

- The current standard of care is to perform a skin test with the major determinant penicilloylpolylysine and commercially-available penicillin G.
- To rule out penicillin allergy, an oral challenge dose can be done after skin testing. The negative predictive value of skin testing with the major and minor determinants is more than 95%, but approaches 100% when followed by a challenge dose.<sup>2</sup>

A direct oral challenge without prior skin testing may also be performed in selected patients and can rule out penicillin allergy. For more information, please consult an allergist.

#### **Special Considerations**

#### Patients with severe hypersensitivity syndromes

Patients with other severe hypersensitivity syndromes like Stevens-Johnson syndrome, toxic epidermal necrolysis, serum sickness, acute interstitial nephritis, hemolytic anemia, and drug rash with eosinophilia and systemic symptoms (DRESS)—should not use the offending drug in the future. The skin test and challenge described here are not appropriate for patients with these severe hypersensitivity syndromes.1,2,6

#### Cephalosporin use in penicillin-allergic patients

Many cephalosporins, especially in the later generations, can be safely tolerated despite a penicillin allergy.<sup>6,8</sup> Patients with anaphylaxis or other severe reactions to penicillin may require further evaluation prior to the use of cephalosporins.

#### **Pediatric patients**

Children who are receiving amoxicillin or ampicillin and have Epstein-Barr virus infection can develop a non-allergic, non-pruritic rash that can appear similar to an allergic reaction.1,9

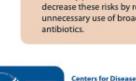
#### For more information about antibiotic use, visit www.cdc.gov/antibiotic-use.

#### References

1. Joint Task Force on Practice Parameters representing the American Academy of Allergy, Asthma and Immunology; American College of Allergy, Asthma and Immunology; Joint Council of Allergy, Asthma and Immunology. Drug allergy: an updated practice parameter. Ann Allergy Asthma Immunol. 2010 Oct;105(4):259-273.

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- 8. Pichichero, ME. A review of evidence supporting the American Academy of Pediatrics recommendation for prescribing cephalosporin antibiotics for penicillin-allergic patients. Pediatrics. 2005 Apr; 115(4):1048-1057.
- 9. Centers for Disease Control and Prevention [Internet]. About Epstein-Barr Virus (EBV) [cited 2015 Aug 17]. Available from: http://www.cdc.gov/epstein-barr/about-eby.html.

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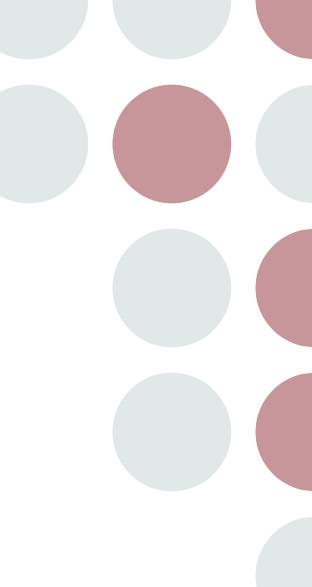


### Penicillin Allergy

	Beta-lactam Antibiotic Cross-Allergy Chart														AVOID ALL beta-lactam antibiotics if: • ICU admission related to allergy					
Beta-lactams	*WOXICITIN*	AMPICILLIN	CLOXACILLIN	PENICILLIN	PIPER ACILLIN*	CEFADROXIL	CEFAZOUN	CEPHALEXIN	CEFOXITIN	CEFPROZIL	CEFUROXIME	CEFIXIME	CEFOTAXIME	CEFTAZIDIME	CEFTRIAXONE	CEFEPIME	ERTAPENEM	MIPENEM	MEROPENEM	Delayed beta-lactam antibiotic allergy causing:         - interstitial nephritis         - hepatitis         - hemolytic anemia
AMOXICILLIN*		X1	<b>X</b> <sup>5</sup>	<b>X</b> <sup>4</sup>	X <sup>3</sup>	X1	<ul> <li>Image: A set of the set of the</li></ul>	X1	×	X <sup>2</sup>	~	1	<ul> <li>Image: A second s</li></ul>	×	1	$\checkmark$	1	×	1	Delayed severe skin allergic reactions:     Stevens-Johnson syndrome
AMPICILLIN	X1		<b>X</b> <sup>5</sup>	<b>X</b> <sup>4</sup>	X <sup>3</sup>	X <sup>2</sup>	<ul> <li>Image: A set of the set of the</li></ul>	X <sup>2</sup>	×	X <sup>2</sup>	~	1	×	1	1	✓	-	×	1	- toxic epidermal necrolysis     - exfoliative dermatitis
CLOXACILLIN	<b>X</b> <sup>5</sup>	X <sup>5</sup>		<b>X</b> <sup>5</sup>	<b>X</b> <sup>5</sup>	<ul> <li>Image: A set of the set of the</li></ul>	×	×	1	~	~	1	<ul> <li>Image: A second s</li></ul>	1	1	$\checkmark$	1	1	1	<ul> <li>- acute generalized exanthematous pustulosis (AGEP)</li> </ul>
PENICILLIN	<b>X</b> <sup>4</sup>	<b>X</b> <sup>4</sup>	<b>X</b> <sup>5</sup>		<b>X</b> <sup>5</sup>	<ul> <li>Image: A second s</li></ul>	×	×	<b>X</b> <sup>3</sup>	1	~	1	×	1	1	✓	1	1	1	- drug reaction with eosinophilia and systemic
PIPERACILLIN*	X <sup>3</sup>	<b>X</b> <sup>3</sup>	<b>X</b> <sup>5</sup>	<b>X</b> <sup>5</sup>		<b>X</b> <sup>3</sup>	×	X <sup>3</sup>	1	<b>X</b> <sup>3</sup>	1	1	×	1	1	✓	1	×	1	symptoms (DRESS)
CEFADROXIL	X1	X <sup>2</sup>	<ul> <li>Image: A set of the set of the</li></ul>	<ul> <li>Image: A start of the start of</li></ul>	X <sup>3</sup>		1	X1	1	X <sup>2</sup>	1	1	×	1	×	$\checkmark$	1	×	×	LEGEND:
CEFAZOLIN	×	×	×	<ul> <li>Image: A start of the start of</li></ul>	×	<ul> <li>Image: A set of the set of the</li></ul>		×	×	1	1	×	×	×	×	$\checkmark$	1	×	×	Penicillins
CEPHALEXIN	X1	X <sup>2</sup>	✓	✓	X <sup>3</sup>	X1	✓		>	<b>X</b> <sup>2</sup>	>	✓	✓	×	×	$\checkmark$	<b>~</b>	×	✓	1st Generation Cephalosporins
CEFOXITIN	✓	✓	✓	<b>X</b> <sup>3</sup>	✓	✓	✓	✓		~	$\mathbf{X}^{2}$	✓	✓	✓	✓	$\checkmark$	✓	✓	✓	2nd Generation Cephalosporins
CEFPROZIL	X <sup>2</sup>	X <sup>2</sup>	✓	✓	<b>X</b> <sup>3</sup>	X <sup>2</sup>	✓	X <sup>2</sup>	✓		$\checkmark$	✓	✓	✓	✓	$\checkmark$	✓	✓	✓	3rd Generation Cephalosporins
CEFUROXIME	✓	✓	✓	✓	✓	✓	✓	✓	<b>X</b> <sup>2</sup>	✓		<b>X</b> <sup>3</sup>	$\boldsymbol{X}^{1}$	<b>X</b> <sup>3</sup>	$\boldsymbol{X}^{1}$	<b>X</b> <sup>2</sup>	✓	✓	✓	4th Generation Cephalosporins
CEFIXIME	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	<b>X</b> <sup>3</sup>		<b>X</b> <sup>3</sup>	<b>X</b> <sup>3</sup>	<b>X</b> <sup>3</sup>	<b>X</b> <sup>3</sup>	$\checkmark$	✓	✓	Carbapenems
CEFOTAXIME	✓	✓	✓	✓	✓	✓	✓	✓	1	1	X1	<b>X</b> <sup>3</sup>		<b>X</b> <sup>3</sup>	X1	X1	1	✓	✓	Different structure. CONSIDERED SAFE TO PRESCRIBE
CEFTAZIDIME	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	<b>X</b> <sup>3</sup>	X <sup>3</sup>	<b>X</b> <sup>3</sup>		<b>X</b> <sup>3</sup>	X <sup>3</sup>	✓	✓	✓	Reaction likely based on side chain:
CEFTRIAXONE	✓	✓	✓	✓	1	✓.	✓.	✓	✓	✓	X1	<b>X</b> <sup>3</sup>	X1	<b>X</b> <sup>3</sup>		X1	✓	1	✓	X <sup>1</sup> Same side chain - clinical evidence of cross reaction. DO NOT PRESCRIBE
CEFEPIME	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\chi^2$	<b>X</b> <sup>3</sup>	$\boldsymbol{X}^{1}$	<b>X</b> <sup>3</sup>	$\boldsymbol{X^1}$		$\checkmark$	✓	✓	X <sup>2</sup> Same side chain - Theoretical risk of cross reaction, no clinical studies. DO NOT PRESCRIBE
ERTAPENEM	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓		<b>X</b> <sup>5</sup>	$\mathbf{X}^{5}$	X <sup>3</sup> Similar side chain - Potential for cross reaction. DO NOT PRESCRIBE
IMIPENEM	✓	✓	✓	✓	1	✓	✓	✓	1	1	-	✓	✓	1	✓	1	$\chi^{\rm 5}$		$\mathbf{X}^{5}$	Reaction likely based on Beta-lactam ring.
MEROPENEM	1	✓	✓	✓	1	✓	1	1	1	✓	1	1	✓	✓	1	✓	$\chi^{\rm 5}$	X <sup>5</sup>		X <sup>4</sup> Clinical evidence of cross reaction. DO NOT PRESCRIBE
* Also applie	* Also applies to beta-lactamase inhibitor combinations (amoxicillin-clavulanate and piperacillin-tazobactam)												X <sup>5</sup> Theoretical risk of cross reaction, no clinical studies. DO NOT PRESCRIBE							

## **Penicillin Allergy**

- Non-carbapenem alternatives:
  - Tetracyclines
  - Quinolones
  - Macrolides
  - Aminoglycosides
  - Vancomycin
  - Aztreonam
  - Cephalosporins (best place to try is in the hospital)



Implementing Antimicrobial Stewardship Programs



### Core Elements of Hospital Antibiotic Stewardship Programs



#### **Hospital Leadership Commitment** Dedicate necessary human, financial, and information technology resources.



#### Accountability



#### Appoint a leader or co-leaders, such as a physician and pharmacist, responsible for program management and outcomes.



### Pharmacy Expertise (previously "Drug Expertise"):

Appoint a pharmacist, ideally as the co-leader of the stewardship program, to help lead implementation efforts to improve antibiotic use.

#### Action



Implement interventions, such as prospective audit and feedback or preauthorization, to improve antibiotic use.

### Tracking

Monitor antibiotic prescribing, impact of interventions, and other important outcomes, like C. difficile infections and resistance patterns.



### Reporting

Regularly report information on antibiotic use and resistance to prescribers, pharmacists, nurses, and hospital leadership.



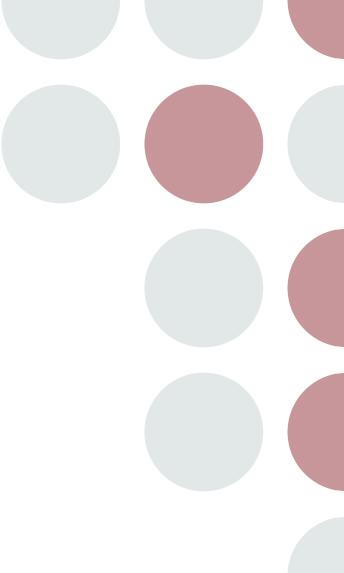
#### Education

Educate prescribers, pharmacists, nurses, and patients about adverse reactions from antibiotics, antibiotic resistance, and optimal prescribing.

### **Core Elements**

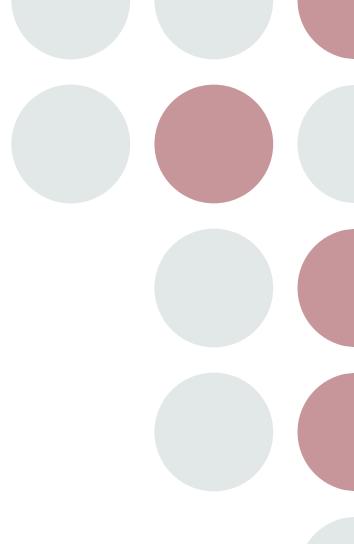
### Hospital Leadership Commitment

- Providing dedicated time, resources and staffing
- Integrating ASP activities into quality improvement and patient safety efforts
- Supporting training and education for ASP leaders and hospital staff



### Accountability

- Co-leading with physician and pharmacist
- Clearly delineated roles and responsibilities of the leadership members
- Regular rounding between co-leaders increases efficiency
- Circles back to ensuring dedicated time is available



### Pharmacy Expertise

- Empowering pharmacist as leader or co-leader of ASP to lead to highly effective program
- CDC resources: <u>https://www.cdc.gov/antibio</u> <u>tic-use/index.html</u>



CDC has a number of posters for <u>hospital pharmacists highlighting key stewardship</u> interventions for pharmacists

### Action

- Prospective audit and feedback (post-prescription review)
  - Depends on level of expertise available
  - Limited ID expertise: comparing prescribed treatment courses to recommendations in hospital specific treatment guidelines and focus on common conditions
  - ID expertise: Can analyze more complex antibiotics courses
- Preauthorization
  - Requires availability of expertise and staff who can complete authorizations in a timely manner
- All actions reported in previous section apply in this section

## Tracking

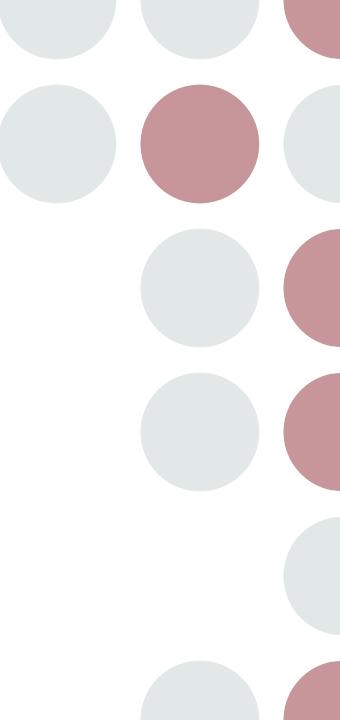
- Antibiotic Use Measures
  - Electronic reporting to the National Healthcare Safety Network (NHSN) Antimicrobial Use (AU) Option
  - Needs collaboration between ASP and IT
  - NHSN AU provides rates of antibiotic use expressed as days of therapy (DOTs)
  - Also provides risk-adjusted benchmark of antibiotic use referred to as the Standardized Antimicrobial Administration Ratio or "SAAR"

## Tracking

- Outcome measures
  - Number of C. diff infections
  - Antibiotic resistance patterns
  - Financial impact
- Process Measures for Quality Improvement
  - Tracking the types and acceptance rates of recommendations: identify areas where more education or focused interventions may be needed
  - Monitoring adherence to facility-specific treatment guidelines
  - Monitoring the performance of antibiotic timeouts (assessing need for continued therapy at 48hr mark)
  - Monitoring other interventions: IV to PO, duration of therapy etc.

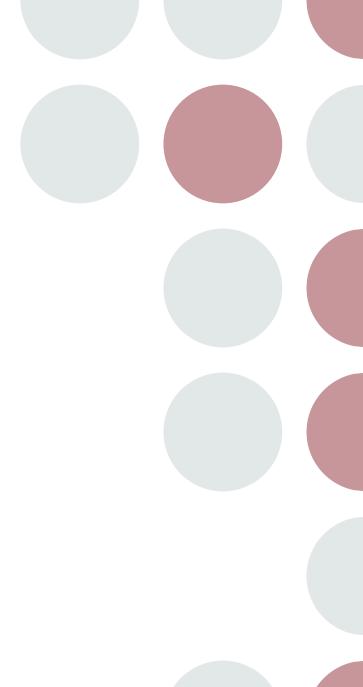
## Reporting

- Communicating those tracking results to prescribers, pharmacists, nurses, and leadership
- Multi-disciplinary approach to improve implementation and adherence to policies



### Education

- Most effective when paired with interventions and measurement of outcomes
- Didactic presentations, which can be done in formal and informal settings, messaging through posters, flyers and newsletters, or electronic communication to staff groups
- Needs to be tailored to institution specific



- Leadership commitment is just as important
- Bringing AMS to the forefront of quality and safety conversation
- Lead by pharmacist on site or remote that is at least partly dedicated to AMS
- If ID physician unavailable, designate physician (hospitalists are good resources) to co-lead and support pharmacist
- Create a reporting structure to ensure AMS activity is shared across all levels of the hospital system from leadership to staff

- In hospitals without infectious disease trained pharmacists, general clinical pharmacists are often co-leaders or pharmacy leaders
- Focus on low hanging fruits
- Majority of all antibiotic use in hospitals is driven by just three conditions: CAP, UTIs and SSTIs
  - Interventions available to improve antibiotic use for each
  - These are often high-yield targets for improvement

- Hospitals that are not yet reporting to the NHSN AU Option
  - Get antibiotic use data from their pharmacy record systems
  - Usually either as days of therapy (DOT) or as defined daily doses (DDDs)
  - Can focus on institution's top 5 used antibiotics
  - Track adherence to facility-specific treatment recommendations for CAP, UTI, SSTI (can even tailor to physician specific)
  - Obtaining data is essential to recognize areas where improvement or adjustment is needed

- Prepare regular reports on the measures being tracked related to antibiotic use and report to pharmacy and therapeutics, patient safety/quality, medical staff leadership and committees, and hospital board
- Confidentially share provider specific reports if appropriate
- Distribute data and key messaging through staff newsletters and emails

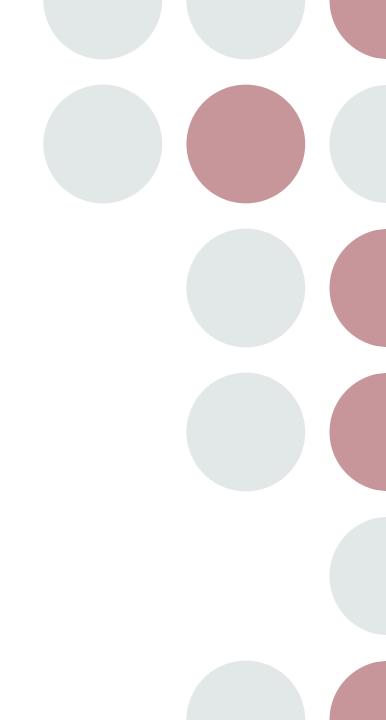
- Regular interval updates on antibiotics stewardship activities, resistance, treatment recommendations etc.
- Include in orientation for new recruits and re-credentialling
- Involve patients in education about antibiotics, resistance, side effects and AMS

### Newer Technologies and the Future of Antimicrobial Stewardship



### **Molecular Technologies**

- MRSA nasal PCR
- BCID
- Joint, Pulmonary, ME panels PCR
- 16sRNA
- T2 systems



### **MRSA Nasal PCR**

- 88.0% sensitivity and 90.1% specificity
- Positive predictive value of 35.4%
- Negative predictive value of 99.2%
- In cases of culture-negative pneumonia where initial empirical antibiotics include an MRSA-active agent, a negative MRSA PCR swab can be reasonably used to guide antibiotic de-escalation

### Blood Culture Identification 2 (BCID-2) Panel

- Rapid PCR identifies most common gram-positive and gramnegative bacterial organisms, yeast, and resistance genes.
- Results within 1 to 2 hours after positive culture
- 99% sensitivity and 99.8% specificity

### BCID-2

		BCID2 Panel [944811225] (Abnormal)			Collected: 05/04/23 1034
		Order Status: Completed	CTX-M (ESBL producer)	Specimen: Blood Detected !	Updated: 05/05/23 0111
Enterococcus faecalis	Not Detected		Comment: Note: Antimicrobial resistance can occur via multiple mechanisms. A Not Detected result for antimicrobial resistance gene(s) does not indicate antimicrobial		
Enterococcus faecium	Not Detected			d for species identification and susceptibility testing o	f
Listeria monocytogenes	Not Detected		isolates.	Not Detected	
Staphylococcus spp.	Not Detected		IMP (Cabapenemase producer) Comment: Note: Antimicrobial resistance can oc		or antimicrobial resistance gene(s) does not indicate antimicrobial
Staphylococcus aureus	Not Detected			d for species identification and susceptibility testing of	
Staphylococcus epidermidis	Not Detected		isolates.		
Staphylococcus lugdunensis	Not Detected		KPC resistance gene (Carbapenemase producer)		
Streptococcus spp.	Not Detected			cur via multiple mechanisms. A Not Detected result fo d for species identification and susceptibility testing o	or antimicrobial resistance gene(s) does not indicate antimicrobial
Streptococcus agalactiae (Group B)	Not Detected		isolates.	a for species identification and susceptionity testing o	1
Streptococcus pneumoniae	Not Detected		mcr-1	Not Detected	
Streptococcus pyogenes (Group A)	Not Detected				or antimicrobial resistance gene(s) does not indicate antimicrobial
Acinetobacter calcoaceticus/baumannii complex	Not Detected		susceptibility. Subculturing is required for species identification and susceptibility testing of isolates.		
Bacteroides fragilis	Not Detected		mecA ID	N/A	
Enterobacterales	Detected !				or antimicrobial resistance gene(s) does not indicate antimicrobial
Enterobacter cloacae complex	Not Detected		susceptibility. Subculturing is required for species identification and susceptibility testing of		
Escherichia coli	Detected !		isolates.		
Klebsiella aerogenes	Not Detected		mecA/C and MREJ (MRSA) gene	N/A	
Klebsiella oxytoca	Not Detected		Comment: Note: Antimicrobial resistance can occur via multiple mechanisms. A Not Detected result for antimicrobial resistance gene(s) does not indicate antimicrobial susceptibility. Subculturing is required for species identification and susceptibility testing of		
Klebsiella pneumoniae group	Not Detected		isolates.	······································	
Proteus spp.	Not Detected		NDM (Carbapenemase producer)	Not Detected	
Salmonella spp.	Not Detected			the second se	or antimicrobial resistance gene(s) does not indicate antimicrobial
Serratia marcescens	Not Detected		susceptibility. Subculturing is required isolates.	d for species identification and susceptibility testing o	†
Haemophilus influenzae	Not Detected		OXA-48-like (Carbapenemase producer)	Not Detected	
Neisseria meningitidis	Not Detected		Comment: Note: Antimicrobial resistance can oc		or antimicrobial resistance gene(s) does not indicate antimicrobial
Pseudomonas aeruginosa	Not Detected		susceptibility. Subculturing is required for species identification and susceptibility testing of		
Stenotrophomonas maltophilia	Not Detected		isolates.	N1/A	
Candida albicans	Not Detected		vanA/B (VRE gene) Comment: Note: Antimicrohial resistance can oc	N/A cur via multiple mechanisms. A Not Detected result fo	or antimicrobial resistance gene(s) does not indicate antimicrobial
Candida auris	Not Detected		susceptibility. Subculturing is required for species identification and susceptibility testing of		
Candida glabrata	Not Detected		isolates.		
Candida krusei	Not Detected		VIM (Carbapenemase producer)	Not Detected	
Candida parapsilosis	Not Detected		Comment: Note: Antimicrobial resistance can occur via multiple mechanisms. A Not Detected result for antimicrobial resistance gene(s) does not indicate antimicrobial susceptibility. Subculturing is required for species identification and susceptibility testing of		
Candida tropicalis	Not Detected		isolates.	a for species identification and susceptionity testing o	1
Cryptococcus neoformans/gattii	Not Detected				

# Which antibiotic should the ASP pharmacist recommend for this BCID result?

- A. ceftriaxone
- B. cefepime
- C. piperacillin/tazobactam
- D. meropenem

### **Other Molecular Techniques**

- Joint, Pulmonary, ME panels PCR:
  - Similarly, allow for more accurate and rapid detection of organisms
- 16sRNA:
  - Once tissue is available, can run PCR against database and detect organism without preset panel or positive culture, even after antibiotics have been initiated
- T2 systems:
  - Blood culture detection of molecular sequences without positive cultures based on pre-set panels (bacterial and fungal)

### **Future of AMS**

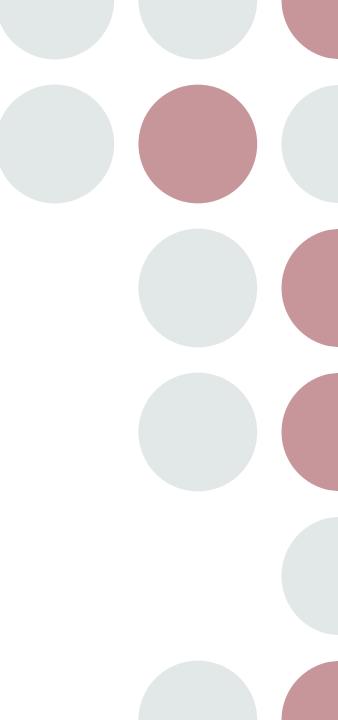
- Expanding smaller regional AMS programs
- Further multi-disciplinary involvement in AMS committees including pharmacists, ID physicians, ICU physicians, ER providers etc.
- Heavier emphasis on outpatient AMS
- Expanding use of molecular techniques and appropriate deescalation

### **Thank You**



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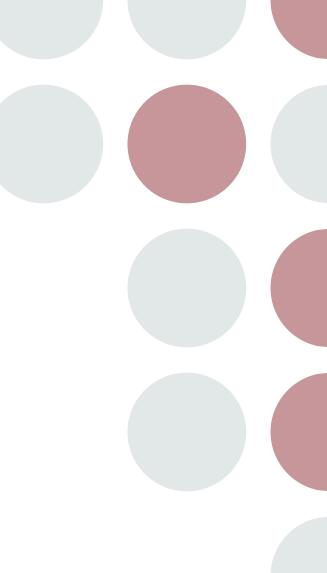
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### **Evaluation Reminder**

**Evaluation reminder for the 2023 Louisiana Office of Public Health Antimicrobial Stewardship Summit** 

Please use this QR code or log-on/type in the following URL: <u>https://bit.ly/AMR2023</u>

To use QR code:

- Open your phone Camera app from the Home screen, Control Center, or Lock screen.
- Select the rear-facing camera. Hold your device so that the QR code appears in the viewfinder in the Camera app.
- Tap the notification to open the link associated with the QR code.



