

Louisiana Office of Public Health Laboratories

Test Name	Triplex Real Time rt-PCR
PHL Location	Office of Public Health Laboratory Baton Rouge
CPT Code	87798 x 3
Synonyms	Zika, Chik, Dengue
Brief Description of Test	<p><b>Prior authorization required. Contact Infectious Disease Epidemiology at 800-256-2748.</b></p> <p>The Triplex Real-Time RT-PCR assay is used on the ABI 7500 Fast Dx Real-Time PCR Instrument. This assay tests for the presence of Zika, Chikungunya and Dengue virus.</p>

Possible Results	<b>Triplex rRT-PCR Interpretation and Reporting Instructions for Whole Blood, Serum and CSF Specimens</b>						
	ZIKV	DENV	CHIKV	RP	Interpretation	Reporting	Actions
	-	-	-	+	Negative	No Zika, dengue, or chikungunya RNA detected by rRT-PCR	Report results to CDC. No further testing required. Note: If date of onset of symptoms is in doubt or if patient is asymptomatic, serological testing may be recommended. Refer to CDC algorithm.*
	-	-	-	-	Inconclusive	Specimen inconclusive for the presence of Zika, dengue, and chikungunya RNA by rRT-PCR. An inconclusive result may occur in the case of an inadequate specimen.	Repeat extraction and rRT-PCR. If unable to resolve inconclusive result for a serum specimen, request collection of additional serum from the patient. Report inconclusive results to CDC.
	-	+	-	+/-	Positive for DENV, but negative for ZIKV and CHIKV.	Dengue RNA detected by rRT-PCR. No Zika or chikungunya RNA detected.	Report results to CDC. Forward specimen to CDC. Refer to CDC algorithm.*
	-	-	+	+/-	Positive for CHIKV, but negative for ZIKV and DENV.	Chikungunya RNA detected by rRT-PCR. No dengue or Zika RNA detected.	
	+	-	-	+/-	Positive for ZIKV, but negative for DENV and CHIKV.	Zika RNA detected by rRT-PCR. No dengue or chikungunya RNA detected.	
	-	+	+	+/-	Positive for DENV and CHIKV, but negative for ZIKV.	Dengue and chikungunya RNA detected by rRT-PCR. No Zika RNA detected.	
	+	+	-	+/-	Positive for ZIKV and DENV, but negative for CHIKV	Zika and dengue RNA detected by rRT-PCR. No chikungunya RNA detected.	
	+	-	+	+/-	Positive for ZIKV and CHIKV, but negative for DENV	Zika and chikungunya RNA detected by rRT-PCR. No dengue RNA detected.	
+	+	+	+/-	Positive for ZIKV, DENV, and CHIKV	Zika, dengue, and chikungunya RNA detected by rRT-PCR.		

**Triplex rRT-PCR Interpretation and Reporting Instructions for Urine and Amniotic Fluid Specimens**

ZIKV	RP	Interpretation	Reporting	Actions
-	+	Negative	No Zika RNA detected by rRT-PCR.	Report results to CDC. Refer to CDC algorithm.*
-	-	Inconclusive	Specimen inconclusive for the presence of Zika RNA by rRT-PCR. An inconclusive result may occur in the case of an inadequate specimen.	Repeat extraction and rRT-PCR. If repeat testing does not resolve inconclusive result, do not test further. Report results to CDC.
+	+/-	Positive	Zika RNA detected by rRT-PCR	Report results to CDC. Forward specimen to CDC. Refer to CDC algorithm.*

Reference Range	Negative
Specimen Type	<p>For Zika, chikungunya and dengue testing:</p> <ul style="list-style-type: none"> <li>• Serum (collected in a serum separator tube)</li> <li>• Whole blood (EDTA)</li> <li>• Cerebrospinal fluid (CSF)</li> </ul> <p>For Zika testing only:</p> <ul style="list-style-type: none"> <li>• Urine</li> <li>• Amniotic fluid</li> </ul> <p><b>NOTE: Serum is the preferred diagnostic specimen. Whole blood (EDTA), CSF, urine and amniotic fluid may only be tested alongside a patient-matched serum specimen.</b></p>
Specimen Container(s):	Blood Serum Collection Tube, EDTA tube and/or Screw-cap aliquot tube
Minimum volume accepted:	Request 1 mL 300 µL minimum
Collection Instructions	<p>Specimen Container – Serum Separator Tubes (SST), EDTA tube or Screw Cap Aliquot</p> <p>Label specimen with Patient Name and a 2<sup>nd</sup> unique identifier such as a chart number or medical record number. DOB is not considered unique.</p> <p>Complete a Lab Form 96 to accompany each sample. Lab submission form must be thoroughly completed with patient’s first and last name, 2<sup>nd</sup> patient identifier, gender, date of birth, date of collection, time of collection, test requested, and submitter’s name, address, and contact number.</p> <p>The same two unique identifiers <b>MUST</b> be recorded on the tube <b>AND</b> the Lab 96 form.</p> <p>Transport specimen to laboratory as soon as possible after collection. Keep submission forms insulated from specimens.</p>
Storage and Transport Instructions	<ul style="list-style-type: none"> <li>• Freeze at ≤ -20°C then transport/ship human serum, urine, CSF and amniotic fluid specimens in dry ice, if possible; however, using cold packs is acceptable</li> <li>• Refrigerate at 2-8°C then transport/ship human whole blood (EDTA) specimens on cold packs. For whole blood, testing is recommended within one week of collection.</li> </ul>

Causes for Rejection	<ul style="list-style-type: none"> <li>• Unspun</li> <li>• Short Draw/Overfill</li> <li>• Received outside acceptable transport conditions</li> <li>• Incorrect source</li> <li>• Expired collection tubes</li> <li>• Whole blood (EDTA), CSF, urine and amniotic fluid received without a patient-matched serum specimen</li> </ul>
Limitations of the Procedure	<p>This assay was approved via an Emergency Use Authorization.</p> <p>This assay is very dependent on the timing of specimen collection. Specimens collected within 7 days of illness onset will yield the best results.</p>
Interfering Substances	N/A
References	<p>Package Insert: CDC Triplex Real Time RT-PCR Assay  Triplex FDA Letter of Authorization – March 17, 2016</p>
Additional Information	<p>Fact Sheets for Providers can be located at:  <a href="http://www.fda.gov/downloads/MedicalDevices/Safety/EmergencySituations/UCM491588.pdf">http://www.fda.gov/downloads/MedicalDevices/Safety/EmergencySituations/UCM491588.pdf</a>  Fact Sheets for Patients can be located at:  <a href="http://www.fda.gov/downloads/MedicalDevices/Safety/EmergencySituations/UCM491590.pdf">http://www.fda.gov/downloads/MedicalDevices/Safety/EmergencySituations/UCM491590.pdf</a>  Fact Sheets for Pregnant Women can be located at:  <a href="http://www.fda.gov/downloads/MedicalDevices/Safety/EmergencySituations/UCM491591.pdf">http://www.fda.gov/downloads/MedicalDevices/Safety/EmergencySituations/UCM491591.pdf</a></p>
Release Date	06/09/2018

Warning: If you have printed a copy of this information please be advised that the Louisiana Office of Public Health Laboratories website and methods are updated on a regular basis. Please check the on-line version of this document to ensure you are relying on the most recent release.