

This clinical vignette was developed by Got Transition to illustrate how to code for youth health transition services.¹⁴ To support the delivery of recommended transition services in pediatric and adult care settings, Got Transition and the American Academy of Pediatrics partner each year to develop and update the transition payment tip sheet.

The latest **Coding and Reimbursement Tip Sheet for Transition from Pediatric to Adult Health Care** can be found at GotTransition.org under "Resources and Research" → "Clinician Education and Resources"

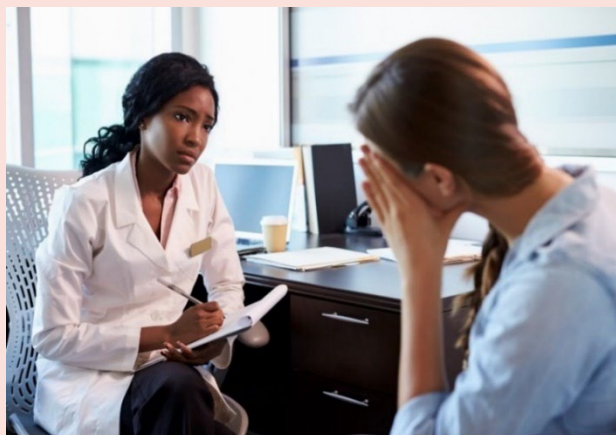


Snapshot: An example of coding for transition services

Final Preventative Care Visit with Transfer Planning

A preventive medicine visit with an established 18-year-old female patient is scheduled for her final pediatric visit before she goes off to college. The patient wants to see a new physician who treats adults, and she asks the physician for suggestions. She has been treated for major depressive disorder (mild) since she was 14. During the visit, the patient describes high levels of stress associated with all the changes that are happening in her life and persistent sadness.

The physician takes an extra 15 minutes to re-assesses the patient's depression and determines that a different medication is required. The physician reviews the last scorable transition readiness assessment conducted when the patient was 17, updates the medical summary, and recommends an adult physician who can accept her as a new patient. She also recommends that she schedule a visit with her child/adolescent psychiatrist to discuss her depression and plans to transfer to an adult psychiatrist. Following the visit, the physician takes an extra 30 minutes of non-face-to-face time to prepare a transfer letter for the patient to take to her new adult providers. The transfer letter includes an updated medical summary, plan of care, and scorable transition readiness assessment.⁶



Coding:

- ICD-10-CM: Z00.121 (Encounter for routine child health examination with abnormal findings)
- ICD-10-CM: F41.8 (Other specified anxiety disorders)
- CPT 99395 (Preventive medicine visit, established visit, ages 18-39)
- CPT 99213-25 (Office visit, established patient, low to moderate severity, 15 minutes, with significant, separately identifiable E/M service above and beyond the service performed by the same physician)
- CPT 99358 (Prolonged E/M services before and/or after direct patient contact; first hour)