



Louisiana Genetics Program

What is genetic counseling?

Genetic counseling provides education on a variety of genetics-related topics including:

- ▶ the impact of genetic diseases on individuals and families,
- ▶ the long-term outlook for individuals with a diagnosis,
- ▶ the risk of genetic disease for parents or other family members,
- ▶ advice on the management of genetic disorders for affected individuals and
- ▶ the possibility of prenatal diagnosis.

When you attend genetic counseling please bring the following information with you:

1. Any information regarding the diagnosis:
 - Photographs
 - Medical records
 - X-rays or reports
2. List of all relatives who are affected by the same of similar conditions:

- Photographs of affected individuals
- Information on your family tree, names and birth dates of three generations of your ancestors, spouses and children with or without the condition

3. Insurance or Medicaid information:

- Person insured
- Company name
- Policy number
- Medicaid number

Services provided:

- ▶ Clinical services and counseling by medical geneticists
- ▶ Screening and definitive diagnostic tests (biochemical and cytogenetics)
- ▶ Assistance of social workers, public health nurses and nutritionists

