



*Human trafficking...  
commercially and  
sexually exploited?  
There is help.*



**DEPARTMENT OF HEALTH**  
AND HOSPITALS

**Point of Rescue**

# POINT OF RESCUE

## What is human trafficking?

Human trafficking is a crime that occurs when a person uses force, lies or threats to make another person work or perform sex acts against his or her will.

If you believe that you or someone you know may be a victim of human trafficking, call (888) 373-7888 or text BEFREE (233733) to get help or learn more about what to do.

## Am I a victim of human trafficking?

If you can answer “yes” to any of the questions below, you may be a victim of human trafficking.

- ▶ Do you want to get out of your situation but feel trapped or afraid to leave?
- ▶ Have you been forced to engage in sexual acts with someone in exchange for favors or money?
- ▶ Were you tricked into selling sex when you thought you would be doing something different?
- ▶ Are you under the age of 18, and is someone pressuring you to sell sex?
- ▶ Do you have a debt to someone that you can't pay off, and is that person forcing you to have sex or to “work off” your debt?
- ▶ Has anyone threatened to hurt you or your children, family or friends if you refused to sell sex or work?
- ▶ Is anyone physically or sexually abusing you?
- ▶ Has anyone taken sexual photos of you to post online or to send to others?
- ▶ Does anyone take all or part of the money that you earn?
- ▶ Is someone holding your passport or identification cards for you?

## There is help, and you can be rescued.

If you believe you are a victim of human trafficking, you can get help. Find a phone and contact the National Human Trafficking Resource Center (NHTRC) for help at any time. All calls are confidential.

**Call: (888) 373-7888**

**Text: BEFREE (233733)**



When you call the hotline, you can talk to someone in your own language about what is happening to you. They will make sure you are safe and can send help if you are in danger. If you are not in danger, they can still tell you where to find help, and you can call them back as many times as you need.

You do not have to give them your name, and the only time they will call the police is when you ask them to or if they think a child is being abused.

## What kind of help can I get?

The NHTRC can help any victim of trafficking, regardless of citizenship or legal status. While local services will vary, calling can help you safely start a new life. The kinds of services that may be available are listed below.

### ► Emergency Services

- Crisis intervention and counseling
- Emergency shelter
- Medical care
- Safety planning
- Food and clothing

### ► Social Services

- Case management
- Interpretation and English language training
- Housing
- Job training and education
- Court accompaniment
- Income and employment assistance
- Transportation
- Health care & mental health services
- Foster care

### ► Legal Services

- Immigration assistance
- Criminal case services
- Civil case services
- Witness protection
- Family court services
- Legal representation
- Vacating convictions



*Tear off for quick reference*

**(888) 373-7888**  
**TEXT: 233733**

## Non-U.S. citizens

Non-U.S. Citizens who are victims of trafficking may also receive a special visa to let them stay in America. This visa allows them to work and their families to visit them in America. If you are worried about your legal status in the United States, you can still call the NHTRC and receive help and advice without giving them your identity.

## You have rights.

No one may make you have sex or work against your will.

By law, you cannot be forced to end a pregnancy if you do not wish to do so. By law, the choice to end a pregnancy must be voluntary and informed.

There are many community agencies and organizations that will help you carry your pregnancy to term. Many of these agencies and organizations also provide free resources throughout your pregnancy and beyond.

## Is someone making you work for or have sex with other people?

There is a way out. You can be safe!

If you ever need immediate help or are in danger, call 911.

To seek help or report suspected trafficking, contact the National Human Trafficking Resource Center.

**Call: (888) 373-7888**

**Text: BEFREE (233733)**

**Web: [traffickingresourcecenter.org](http://traffickingresourcecenter.org)**

**Your identity can be protected. You WILL NOT be arrested.**

► You can receive help with:

- Housing
- Education
- Pregnancy
- Childcare
- Job training
- Drug addiction
- Clearing past criminal records



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