

COVID-19 VACCINE: Frequently Asked Questions

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PLEASE NOTE: This document is updated as new information becomes available. Information about vaccine distribution and administration can change quickly. The Louisiana Department of Health (LDH) is committed to transparency about the vaccine, including safety concerns, and will continuously educate the public and address questions the public may have.

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Vaccine Distribution

WHY ARE THE VACCINES SO IMPORTANT?

COVID-19 is now the leading cause of death in the United States. More than 7,600 Louisianans died from COVID in 2020 — that's more than the number of deaths caused by accidents, stroke and diabetes combined in Louisiana in 2017. The vaccines are critical to ending the pandemic and getting our lives back to normal.

WHAT VACCINES ARE CURRENTLY IN USE?

There are now three (3) FDA-authorized vaccines:

VACCINE	NUMBER OF DOSES	AUTHORIZED ON
Pfizer-BioNTech (Pfizer)	2	December 11, 2020
Moderna	2	December 18, 2020
Johnson & Johnson (J&J)	1	February 27, 2021

WHO IS ELIGIBLE FOR THE VACCINES?

Everyone in Louisiana ages 16 and older is eligible to get vaccinated against COVID-19.

Having a large portion of the population vaccinated is our best shot at a return to some form of normalcy. Based on conversations with our federal partners, we are encouraged that Louisiana will receive enough doses to vaccinate everyone who wants a shot.



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Vaccine Administration

HOW MUCH WILL IT COST TO GET VACCINATED?

The federal government is making vaccines available at no cost to the individual. You do NOT need insurance to get the vaccine. If you do have insurance it may be billed but the vaccine will be no cost to YOU.

WHERE CAN I GET A VACCINE?

All nine public health regions and 64 parishes of the state have at least one vaccine location. To find one near you, visit <http://covidvaccine.la.gov>. Vaccines are available at select:

Chain pharmacies	Grocery stores	Retail stores
Independent pharmacies	Hospitals	Public health providers
Urgent cares	Federally qualified health centers (FQHCs)	Community events
Medical practices	Rural health clinics (RHCs)	Other healthcare providers

The Department of Health is also holding Community Vaccine Events around the state.

I DON'T HAVE INTERNET ACCESS. HOW CAN I FIND A PROVIDER?

Call the COVID-19 vaccine hotline at 1-855-453-0774. Hours of operation are 8 a.m. to 8 p.m. Monday to Saturday and 12 p.m. to 8 p.m. Sunday. Operators will help you schedule your vaccine appointment, find vaccine providers in your area and connect you with medical professionals who can answer your vaccine questions.

You can also call 211. Operators at the call center will help you locate a vaccine provider in a location that works for you and provide contact information for the provider.

WHAT DO I DO IF THERE IS NO PROVIDER NEAR ME?

You can make an appointment with any provider that has the vaccine, not just those in your parish. The Department of Health is working every day to enroll more providers in the COVID vaccination program.



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DO I HAVE TO MAKE AN APPOINTMENT OR CAN I JUST WALK IN?

Patients who arrive without an appointment will not be vaccinated. Vaccinations are **BY APPOINTMENT ONLY**. Forming lines during a pandemic is not safe; also, providers need to be able to plan for their vaccinations.

Patients can make an appointment by contacting participating providers or by calling the vaccine hotline at 1-855-453-0774. You can find a provider at the Louisiana Department of Health website at covidvaccine.la.gov.

HOW DO I REGISTER FOR A VACCINE?

The State of Louisiana is not registering people to get a vaccine. Pharmacies and other places that offer the vaccine may create their own, individual registration or appointment process.

WILL THE PROVIDER KEEP A WAITING LIST OF REGISTRANTS ONCE IT RUNS OUT OF VACCINE?

Some participating providers are allowing people to add their names to a waiting list once additional vaccines become available.

WHO WILL ADMINISTER THE VACCINE?

The vaccines are administered by qualified healthcare professionals. For example, vaccinations for hospital staff are being done on site by the hospital.

I HAVE HEARD THAT I MIGHT NEED TO GET MORE THAN ONE SHOT TO BE VACCINATED. IS THIS TRUE?

Both the Pfizer and Moderna vaccines are in two doses, administered 3 or 4 weeks apart. You will get the necessary information about the second dose when you get your initial vaccine. The second dose is very important. One dose will not provide long-term protection. People vaccinated with the Pfizer vaccine will receive the second dose 21 days after the first dose. Those getting the Moderna vaccine will receive the second dose 28 days after the first dose.

The J&J vaccine is given in one dose. We know many people actually prefer a one-and-done vaccine, like young people, people who are afraid of needles, and people who work multiple jobs or have difficulty taking time off work. This single dose also may offer more protection faster than the other

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two vaccines.

DO I HAVE TO GO BACK TO THE SAME PROVIDER FOR THE SECOND DOSE?

Yes, and you should make plans for your second dose immediately when you get your first dose. Schedule your next appointment right away or ask the provider if they will notify you when you're due for the second dose. You will also receive a card with information about the brand of vaccine you received (Moderna or Pfizer) and when you need the second dose. It is important that the second dose be the same brand as the first dose.

If you received the first dose in another state and it is impossible to return for the second dose, you may reach out to vaccine providers in your area to ask if they can vaccinate you.

HOW LONG AFTER THE FIRST DOSE CAN I WAIT BEFORE IT'S TOO LATE TO GET THE SECOND DOSE?

The CDC says people should get their second shot as close to the recommended 3-week (Pfizer) or 1-month (Moderna) interval as possible, but in a pinch, you can safely delay the second dose up to 42 days and likely longer. There is no need to restart the vaccination series if the second dose must be delayed.

IF I HAVE ALREADY HAD COVID-19 AND RECOVERED, DO I STILL NEED TO GET VACCINATED?

Yes. Due to the severe health risks associated with COVID-19 and the fact that re-infection with COVID-19 is possible, vaccines are an important way to protect yourself. Experts also do not know how long someone is protected from getting sick again after recovering from COVID-19, and natural immunity varies from person to person. Some early evidence suggests natural immunity may not last very long.

HOW ARE NURSING HOME RESIDENTS BEING VACCINATED?

All Louisiana nursing homes have signed onto a partnership between the federal government, CVS and Walgreens that calls for pharmacy workers to administer the vaccine in long-term care facilities. The Moderna vaccine is being used in that partnership and is available to both nursing home residents and staff.

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After Getting the Vaccine

I HAVE HEARD THERE MAY BE SIDE EFFECTS. WHAT ARE THEY?

Minor side effects are a **normal sign** the body is building protection. You may experience pain and swelling in the arm, fever, chills, tiredness or a headache; most side effects will go away in a few days or less.

The likelihood of experiencing a serious side effect is less than 0.5%. A single serious side effect following a vaccination has been reported to the CDC: The person reported gastrointestinal distress and lightheadedness, and recovered after a brief hospital stay.

WILL I STILL NEED TO WEAR A MASK AND PRACTICE SOCIAL DISTANCING?

It depends on the circumstance. The CDC now advises that if you are fully vaccinated (14+ days out from completing your vaccine series), you do not need to mask and distance if:

- You are in a private home exclusively with others who are also fully vaccinated.
- You are spending time with ONE additional family unit who is not fully vaccinated, and none of them have underlying health conditions placing them at high risk for complications if they become infected with COVID.

Beyond these settings, and anytime you are in public, masking and distancing are still necessary. Masks are especially important due to the COVID variants circulating in the U.S. The CDC now says tight-fitting is better than loose, multiple layers are better and two masks are better.

New data is emerging daily and the CDC is constantly reevaluating its recommendations. We expect masking and distancing to go away soon, particularly for those who are vaccinated. But for now, except for the two examples above, they are still important and recommended.

WILL I STILL NEED TO QUARANTINE IF I AM EXPOSED TO SOMEONE WHO IS INFECTED WITH COVID-19?

People who have been fully vaccinated against coronavirus (two doses of either Pfizer or Moderna, or one dose of J&J) do not have to quarantine if they are exposed to someone infected with the virus. However, they should still take precautions such as wearing a mask and practicing social distancing. For people who live in congregate settings such as nursing homes, the Department of Health still recommends quarantine for anyone who has been exposed.

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Vaccine Development and Safety

HOW DO THE VACCINES WORK?

The Moderna and Pfizer vaccines use messenger RNA, or mRNA, and do not contain a live virus. mRNA carries a genetic instruction manual to your body that tells your immune system how to respond and protect you from exposure to the actual virus. Your body gets protection without the serious consequences of a severe illness due to COVID-19 exposure.

The Johnson & Johnson vaccine is a viral vector vaccine and does not contain a live virus. It uses a harmless viral vector to create a spike protein that the immune system responds to, creating antibodies to protect against COVID-19.

ARE THE VACCINES EFFECTIVE?

Based on evidence from clinical trials, **all three vaccines are 100% effective at preventing serious hospitalizations and deaths.** That's our most urgent, important goal. A recent CDC study of essential workers in real-world conditions found the Pfizer and Moderna vaccines reduced the risk of infection by 80% after 1 dose and 90% after 2 doses. The CDC will continue to provide updates as it learns more about how the vaccines work in real-world conditions.

ARE THE VACCINES SAFE? WHAT DOES FDA AUTHORIZATION MEAN?

Vaccines are authorized for use by the FDA, meaning clinical trials have proven the vaccines as a safe and effective defense against COVID-19. The FDA and ACIP will continue to monitor safety and effectiveness data.

No steps were skipped during the clinical trials and data review process for COVID-19 vaccines. Safety is a top priority. The COVID vaccines are being held to the same standards as other vaccines to make sure they are safe.

ARE THE VACCINES OK FOR CHILDREN?

As of now, there is no vaccine for children, though the Pfizer vaccine has been approved for teenagers 16 years of age or older. Until there's a vaccine safely tested for children, there will not be a vaccine for children.



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ARE THE VACCINES OK IF I AM PREGNANT OR BREASTFEEDING?

The CDC advises all pregnant people be given access to the vaccines. In Louisiana, anyone currently pregnant is currently eligible to be vaccinated.

While specific studies are ongoing, there has been no indication that there are negative effects for this population. Pregnant and breastfeeding people should discuss whether they should receive their vaccine with their providers.

CAN THE VACCINES AFFECT MY FERTILITY?

There is zero evidence that COVID vaccines affect fertility. The vaccines tell the body how to fight the protein that is on the outside of the coronavirus, but this protein is completely different from the protein that allows for successful reproduction. The antibodies your body produces to fight the coronavirus will not attack reproductive proteins.

HOW CAN I TRUST A VACCINE THAT WAS DEVELOPED SO QUICKLY?

The COVID-19 vaccines are being developed faster than other vaccines because there is worldwide urgency, and because there was ample research in recent years into coronaviruses — the same viruses that were behind SARS and MERS outbreaks. Once Chinese scientists were able to create a genetic map of the coronavirus, scientists were able to use that information to create a vaccine that would replicate the spike proteins the coronavirus uses to infect cells and tell the body how to fight it.

More resources than usual are available to manufacturers to accelerate vaccine development because of the pandemic, including the U.S. government's commitment to buy vaccine doses up front. These accelerations will not impact vaccine safety.