Wash Your Hands:
Wash often with soap and water for at least 20 seconds.

Mask Up: Wear a mask or face covering whenever you are in public.

Keep Your Distance:
Don’t go out unless necessary and stay at least 6 feet away from other people.

Keep Clean:
Clean and disinfect objects and surfaces regularly.

Wash Your Hands:
Wash often with soap and water for at least 20 seconds.

Stay Home:
Limit your trips outside of your home as much as possible.

Use Hand Sanitizer:
In addition to properly washing hands, use hand sanitizer that contains at least 60% alcohol.

Don’t Touch Your Face:
Don’t touch eyes, nose or mouth with unclean hands.

Cover Up:
Cover your cough or sneeze into your elbow or a tissue.