

Back to school during COVID-19

Take Action

COVID-19 symptoms

- Cough
- Shortness of breath or difficulty breathing
- Or at least two of these symptoms:
 - » Fever
 - » Chills
 - » Repeated shaking with chills
 - » Muscle pain
 - » Headache
 - » Sore throat
 - » New loss of taste or smell

Mask up

- Wash your hands before putting on your face covering
- Put it over your nose and mouth and secure it under your chin
- Try to fit it snugly against the sides of your face



Testing

- If you have symptoms or you feel like you or your child have been exposed, call your doctor or 211 to find out where to get tested

Lower your risk

- Stay home when sick
- Avoid crowds whenever possible
- Wash your hands often with soap and water or use hand sanitizer with at least 60% alcohol
- Encourage children to stay at least 6 ft apart



Contact tracing

- The call will come from the Louisiana Department of Health at this number: 877-766-2130
- You can call the number back as well

Resources

- [Louisiana 211 Statewide Network](#)
- [Louisiana Department of Health](#)
- [Office of the Governor](#)
- [CDC Website](#)
- Keep Calm through COVID Line: 1-866-310-7977