The Louisiana Department of Health (LDH) and the Centers for Disease Control and Prevention (CDC) recommend delaying all travel until persons are up to date with their COVID-19 vaccines. While vaccination efforts are underway, safe travel is of utmost importance particularly because travel itself (especially the use of shared spaces in planes, buses, railways or boats) can increase a person's chance of spreading and/or becoming ill with COVID-19.

ALL TRAVELERS

- All travelers should follow CDC Travel Guidance for Domestic Travel and International Travel, as well as follow state and local guidance and CDC public health recommendations.
- Masks are required for travelers 2 years of age or older and should be worn over the nose and mouth in indoor areas of public transportation (including airplanes) and indoors in US transportation hubs (including airports).
- Non-US citizens need to show proof of vaccination before travel by air to the United States.
- All travelers boarding a flight to the United States are required to show a negative viral COVID-19 test taken no more than 1 day before travel or proof of recovery within the last 90 days.
- Do not travel if you are sick, tested positive for COVID-19 and haven’t ended isolation, had close contact with a person with COVID-19 and haven’t ended quarantine, or are waiting for the results of a COVID-19 test.
- If you test positive for COVID-19, do not travel for a full 10 days after your symptoms started or the date of your positive test was taken if you had no symptoms.
- All travelers should self-monitor for symptoms of COVID-19; isolate and get tested if you develop symptoms.
- Remember to social distance where possible, and frequently wash hands with soap and water or use hand sanitizer (with at least 60% alcohol).
COVID-19:
SAFE TRAVEL GUIDANCE

TRAVELERS WHO ARE NOT UP TO DATE ON COVID-19 VACCINES

*Up to date* means that you have received either the two-dose series (Pfizer and Moderna) or the single-dose (Johnson & Johnson), and have received booster shots according to the recommended schedule. This guidance applies to anyone that does not meet this up to date criteria.

- Delay travel until you are *up to date* with your COVID-19 vaccines because getting vaccinated is still the best way to protect yourself from severe disease and slow the spread of COVID-19.
- If you had close contact with a person with COVID-19, do not travel until you have no symptoms and have received a negative test result on day 5 (or later) after your exposure.
- If you must travel, *get tested* before you travel with a viral test as close as possible to departure date (no more than 3 days before travel).
- After travel, self-quarantine for a full 5 days and get viral tested 3-5 days after returning from travel.

CDC LINKS

- [CDC Travel Planner by City, Zip Code or Address](https://www.cdc.gov/travel/country-specific/traveler-advice.html)
- [CDC Travel Map by Destination](https://www.cdc.gov/travel/country-specific/country-map.html)
- [CDC Travel Guidance Frequently Asked Questions (FAQ) and Answers](https://www.cdc.gov/travel/health-hotline.html)
- [CDC Travel Guidance Infographics (English, Spanish, Vietnamese, etc.)](https://www.cdc.gov/travel/health-hotline.html)

TRAVEL NOTICES AND ADVISORIES

- [Global Travel Advisories by the U.S. Department of State (DOS)](https://travel.state.gov)
- [Travelers Prohibited from Entry to the United States (CDC)](https://www.cdc.gov/travel/country-specific/traveler-advice.html)