STI/HIV/Hepatitis B & C Update 2022

Monroe Region 8



STD/HIV/Hepatitis Program Regional Profile, 2022 Update

Data Inclusion: Each profile contains new diagnoses of HIV, primary & secondary syphilis, early nonprimary non-secondary syphilis, chlamydia, gonorrhea, congenital syphilis, acute hepatitis B, chronic hepatitis B, acute hepatitis C, and chronic hepatitis C in Louisiana, 2022. Profiles are available for the state of Louisiana and all nine Public Health Regions. Data are reported as counts, proportions, and rates as defined below.

Data Sources: All data were collected and managed by the Louisiana Department of Health (LDH), Office of Public Health (OPH), STD/HIV/Hepatitis Program (SHHP) and closed between June-August 2023 for use in these profiles. At the time of this report, 2021 Census data were used to calculate rates.

STD/HIV/Hepatitis Program (SHHP) Mission and Vision:

SHHP MISSION

Our mission is to end the impacts of HIV, STI, and hepatitis by eliminating related health inequities and stigma for all communities in Louisiana.

SHHP VISION

Louisiana is a place where new HIV, STI and hepatitis diagnoses are rare, all people have high-quality health care and treatment, are free from discrimination, and can achieve their full potential for health and well-being across their lifespan.

Data Definitions:

<u>Counts</u>: Counts, also called frequencies, are the total number of events that occur in a defined period of time. The total number of diagnoses of gonorrhea reported in Louisiana during 2022 would be an example of a count or frequency, e.g. in 2022, 15,015 diagnoses of gonorrhea were reported in Louisiana.

<u>Proportions</u>: For many indicators, the proportion or percent of demographic groups is presented. This is calculated using the count of a subpopulation divided by the total case count. The proportion of gonorrhea diagnoses among males in 2022 is calculated by taking the count of gonorrhea diagnoses among males and dividing by the total count of gonorrhea diagnoses, and multiplying by 100. e.g. in 2022, 56% of gonorrhea diagnoses in Louisiana were among males.

<u>Rates</u>: Rates are the number of events that occur in a defined period of time, divided by the average population at risk of that event. In order to estimate the rate of gonorrhea in Louisiana during 2022, divide the count of gonorrhea diagnoses in 2022 by Louisiana's population (15,015 gonorrhea diagnoses divided by Louisiana's population of 4,624,047= 0.003247). To make this value more interpretable, it is then multiplied by 100,000. The final rate is reported as 324.7 per 100,000 population. In other words, for every 100,000 people living in Louisiana, 325 were newly diagnosed with gonorrhea in 2022.

Data Disclaimers: The data within these profiles represents 2022 data as of frozen data files from June-August 2022. Please note that 2022 data may still be impacted from COVID-19.

For more information, visit the Louisiana Health Hub website at https://louisianahealthhub.org/.

Region 8: Monroe

Population Overview

Region 8 has a population of 347,612 and is comprised of 12 parishes (Caldwell, East Carroll, Franklin, Jackson, Lincoln, Madison, Morehouse, Ouachita, Richland, Tensas, Union, and West Carroll).¹ The population of the 12 parishes in the Region range from a low of 4,043 in Tensas to a high of 158,768 in Ouachita. Approximately 51.7% of the Region 8 population resides in an urban parish.¹

Demographics

In Region 8, 57.6% of the residents are non-Hispanic White, 37.3% non-Hispanic Black, and 0.8% non-Hispanic Asian. Persons of Hispanic or Latinx origin make up an additional 2.7% of the population.¹

Age and Sex

According to 2021 census, 51.0% of the population of Region 8 is female and 49.0% of the population is male.¹ Among Region 8 residents, 23.2% are under 18 years old, and 167.0% are 65 or older.¹ Youth, 15-24 years old, make up 15.1% of the population.¹

Education and Socioeconomic Status

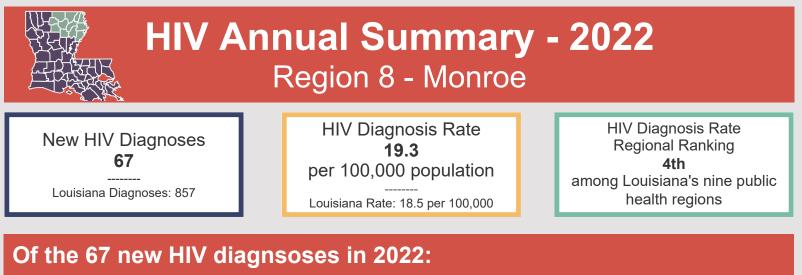
An estimated 84.6% of the population has a high school degree or higher and 21.5% has a bachelor's degree or higher.³ The median household income in Region 8 is \$49,461 as compared to the state median household income of \$53,571.³ In Region 8, 26.3% of the population live below the poverty line which is less than the state average of 18.8%.³

Health Indicators

In Region 8, 36.8% of the population is obese and 14.0% of adults have diabetes.³ In regard to mental health, 20.0% of adults have ever been told by a health care professional they had depression or a depressive disorder.³ The Region 8 teen birth rate is 29.4 births per 1,000 females 15-19 years old. There are significant racial disparities in the teen birth rate with non-Hispanic Black females having a teen birth rate almost twice as high than non-Hispanic White females (38.8 births per 1,000 females 15-19 years old and 20.3 births per 1,000 females 15-19 years old, respectively).⁷ Racial disparities persist with access to prenatal care. In Region 8, 47.8% of pregnant people accessed prenatal care in the first trimester.⁷ Non-Hispanic White women were more likely to enter prenatal care than non-Hispanic Black women (53.1% and 43.0%, respectively).⁷ Further, Non-Hispanic Black infants were more than twice as likely to experience infant mortality than non-Hispanic White infants (14.1 deaths per 1,000 live births and 5.5 deaths per 1,000 live births, respectively).⁷ The overall infant mortality rate in Region 8 is 9.6 deaths per 1,000 live births.⁷

Insurance Coverage

In 2021, the composition of insurance coverage among adults in Region 8 was 39.7% employer-sponsored, 40.2% Medicaid, and 9.2% Medicare.¹⁰ It is estimated that 10.1% of adults and 2.1% of children are uninsured.¹⁰



Two thirds of new diagnoses (66%) were among Black people.

Males comprised 75% of diagnoses.

Almost half of diagnoses (45%) were among people 20 to 29 years old.

Age at Diagnosis

15

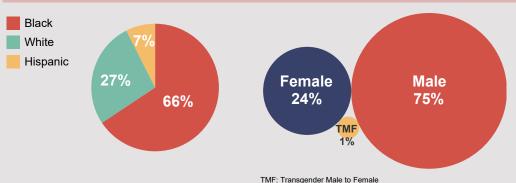
30-39

14

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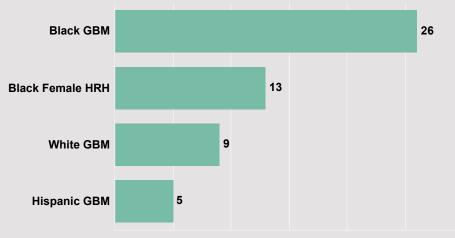
4

10-49



Affected subpopulations

People of color and gay & bisexual men (GBM) are impacted by HIV more than other groups. In Region 8, over one-third (39%) of diagnoses in 2022 were among Black GBM.



GBM = Gay & bisexual men; HRH = High risk heterosexual; PWID = People who inject drugs

Geographic distribution

30

25

20

15

10

4

3-19

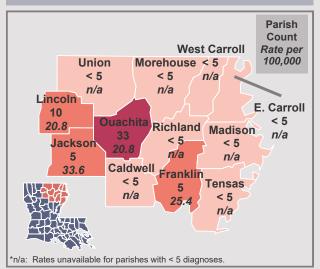
HIV Diagnoses

. 2 5

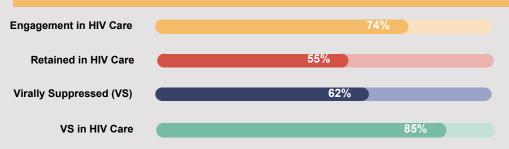
In 2022, almost half of new HIV diagnoses (49%) in Region 8 were from Ouachita Parish.

30

20-29



HIV Care among People Living with HIV in Region 8 in 2022:



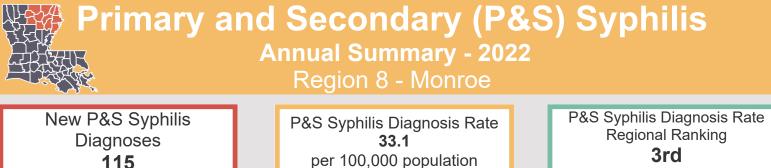
Engagement in care: at least one CD4 or viral load (VL) lab in 2022

Retention in care: two or more CD4 tests or VLs at least 90 days apart in 2022

Viral suppression or an 'undetectable' viral load: VL result < 200 copies per milliliter in 2022

Among persons engaged in HIV care, those who are virally suppressed in 2022

Interpreting the Data: Please note that 2022 data may still be impacted from the COVID-19 pandemic.



Louisiana Rate: 26.5 per 100,000

among Louisiana's nine public

health regions

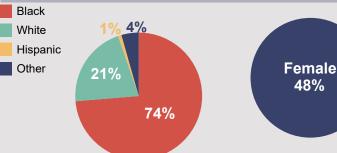
Of the 115 P&S syphilis diagnoses in 2022:

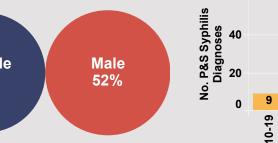
The majority (74%) of diagnoses were among Black people.

Louisiana Diagnoses: 1,225

Males comprised 52% of diagnoses.

Almost half of diagnoses (49%) were among people 20 to 29 years old.



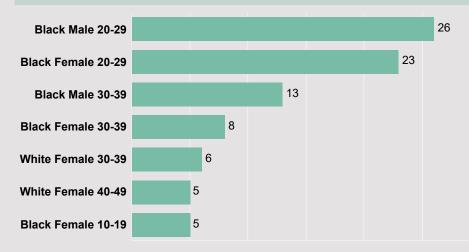


56 33 13 4 40-49 20-29 50+

Age at Diagnosis

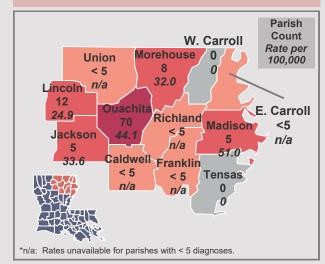
Affected subpopulations

People of color are impacted by P&S syphilis more than other groups. In Region 8, 43% of P&S syphilis diagnoses were among Black people 20-29 years old.



Geographic distribution

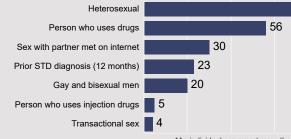
In 2022, more than half of new P&S syphilis diagnoses (61%) in Region 8 were from Ouachita Parish.



Syphilis Treatment Guidelines

	STAGE OF SYPHILIS	REGIMEN	DOSE/ROUTE	
	Primary, Secondary, or Early Non-Primary Non-Secondary (<12 months)	Benzathine Pencillin G*	2.4 million units IM in a single dose	
	Late or Unknown Duration Syphilis (>12 months)	Benzathine Penicillin G*	7.2 million units IM administered as 3 doses of 2.4 million units IM each, at 1-week intervals	

Behavioral Factors



85 *An individual can report more than one behavioral factor

*Benzathine Penicllin G is the only CDC approved treatment for pregnant women



Early Non-P&S Syphilis Annual Summary - 2022

Region 8 - Monroe

New Early Non-P&S Syphilis Diagnoses 70

Louisiana Diagnoses: 884

Early Non-P&S Syphilis Diagnosis Rate 20.1 per 100,000 population

Louisiana Rate: 17.3 per 100,000

Early Non-P&S Syphilis Diagnosis Rate Regional Ranking 3rd

among Louisiana's nine public health regions

Of the 70 early non-P&S syphilis diagnoses in 2022:

The majority (73%) of diagnoses were among Black people.

Males comprised 63% of diagnoses.

Over one-third of diagnoses (39%) were among people 20 to 29 years old.

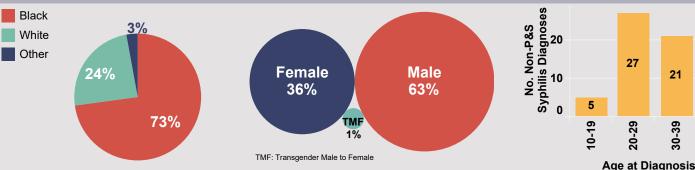
21

30-39

10

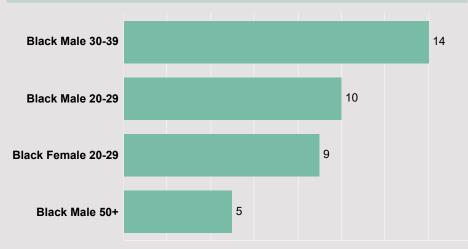
50+

40-49



Affected subpopulations

People of color and males are more impacted by early non-P&S syphilis than other groups. In Region 8, over one-third (34%) of early non-P&S syphilis diagnoses were among Black males 20-39 years-old.

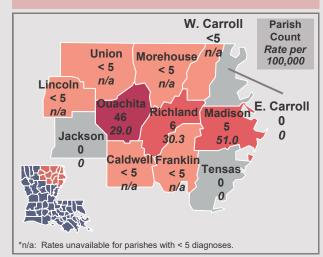


Geographic distribution

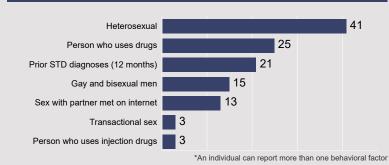
27

20-29

In 2022, two-thirds of new early non-P&S syphilis diagnoses (66%) in Region 8 were from Ouachita Parish.



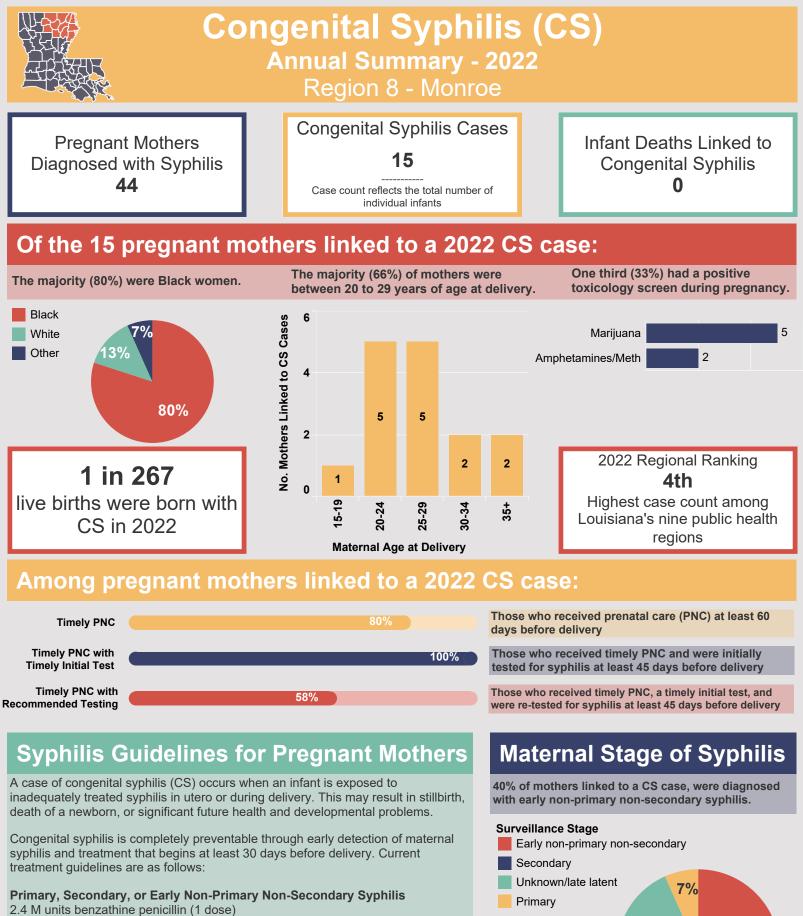
Behavioral Factors



Syphilis Treatment Guidelines

STAGE OF SYPHILIS	REGIMEN	DOSE/ROUTE		
Primary, Secondary, or Early Non-Primary Non-Secondary (<12 months)	Benzathine Pencillin G*	2.4 million units IM in a single dose		
Late or Unknown Duration Syphilis (>12 months)	Benzathine Penicillin G*	7.2 million units IM administered as 3 doses of 2.4 million units IM each, at 1-week intervals		
*Benzathine Penicllin G is the only CDC approved treatment for pregnant women				

Interpretating the Data: Please note that 2022 data may still be impacted from the COVID-19 pandemic.

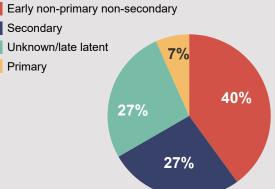


Unknown/Late Latent Syphilis

7.2 M units benzathine penicillin (3 doses, 7 days apart)

Louisiana Testing Law

Act 459 was passed in Louisiana in 2014. This requires "opt-out" syphilis and HIV testing for all women at the first prenatal visit, the 1st prenatal visit in the 3rd trimester, and at delivery (if testing/status is not noted in medical charts).



Interpretating the Data: Please note that 2022 data may still be impacted from the COVID-19 pandemic.

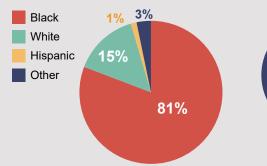


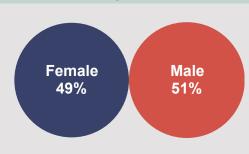
Of the 1,298 gonorrhea diagnoses in 2022:

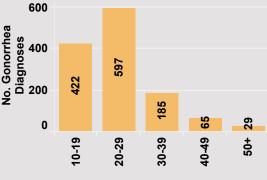
The majority (81%) of diagnoses were among Black people.

By sex at birth, males comprised 51% of diagnoses.

Almost half of diagnoses (46%) were among people 20 to 29 years old.



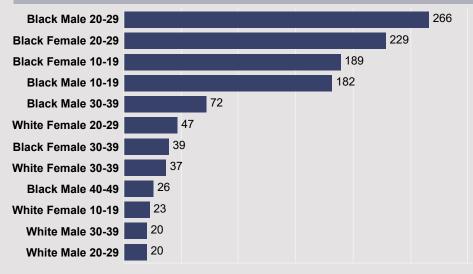




Age at Diagnosis

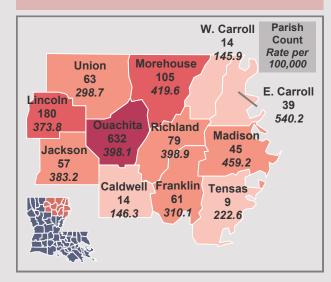
Affected subpopulations

Young people of color are impacted by gonorrhea more than other groups. In Region 8, two-thirds (67%) of gonorrhea diagnoses in 2022 were among young Black people 10 to 29 years old.



Geographic distribution

In 2022, almost half of new gonorrhea diagnoses (48%) in Region 8 were from Ouachita Parish.



Gonorrhea Screening and Treatment Guidelines

Screening Recommendations:

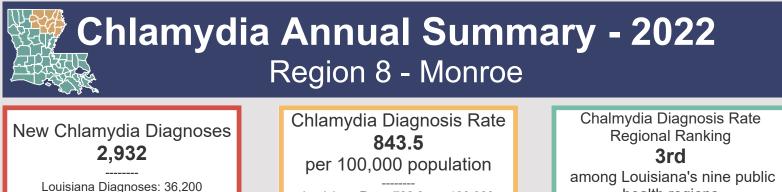
All sexually active women and pregnant women, under 25 years of age, and sexually active women and pregnant women, 25 years of age and older, if at increased risk.

At least annually for sexually active gay and bisexual men (GBM).

Treatment:

Most cases can be treated with a single 500mg injection of ceftriaxone.

- Help minimize the threat of drug-resistant gonorrhea
- Test-of-cure for throat infections only
- Retest patients 3 months after treatment
- Treat partners



Louisiana Rate: 782.9 per 100,000

health regions

Of the 2,932 chlamydia diagnoses in 2022:

The majority (80%) of diagnoses were among Black people.

By sex at birth, females comprised 67% of diagnoses. Almost half of diagnoses (48%) were among people 20 to 29 years old.

1,419

298

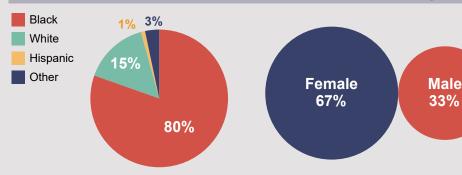
30-39

6

40-49

29

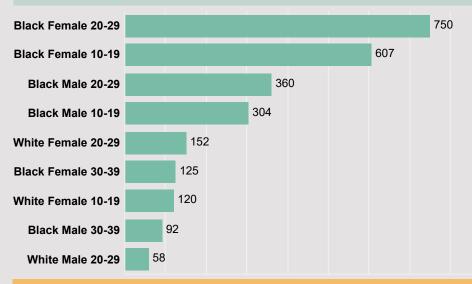
20+



20-29 Age at Diagnosis

Affected subpopulations

People of color and young females are impacted by chlamydia more than other groups. In Region 8, 46% of chlamydia diagnoses in 2022 were among Black females 10 to 29 years old.



Geographic distribution

1,124

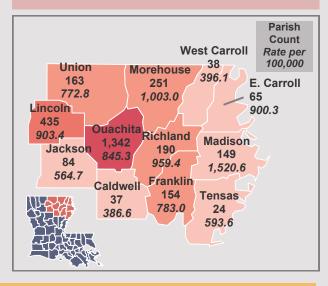
5

Vo. Chlamydia

Diagnoses Diagnoses 200 200

0

In 2022, almost half of new chlamydia diagnoses (46%) in Region 8 were from Ouachita Parish.



Chlamydia Screening and Treatment Guidelines

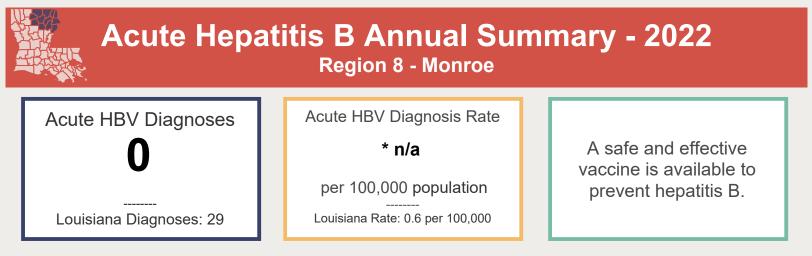
Screening Recommendations:

All sexually active women and pregnant women, under 25 years of age, and sexually active women and pregnant women, 25 years of age and older, if at increased risk.

At least annually for sexually active gay and bisexual men (GBM).

Treatment:

Adults and adolescents: Recommended: Doxycycline 100 mg orally 2x/day for 7 days Alternatives: Azythromycin 1 gm orally in a single dose OR Levofloxian 500 mg orally 1x/day for 7 days Pregnancy: Recommended: Azithromycin 1 gm orally in a single dose Alternatives: Amoxicillin 500 mg orally 3x/day for 7 days



Due to low counts, regional profiles of acute hepatitis B do not contain demographic and geographic breakdowns. *n/a: Rates are unavailable for regions with <5 diagnoses.

What is hepatitis B?

Hepatitis B is a vaccine-preventable liver infection caused by the hepatitis B virus (HBV). New infections cause a short term illness, referred to as an acute infection. Some people are able to clear HBV on their own and will no longer have HBV in their body, while others will progress to a long-term chronic illness.

How is hepatitis B spread and prevented?

HBV is most commonly spread through injection drug use and sexual contact. HBV can also be spread during childbirth if appropriate prophylaxis isn't administered. A safe and effective vaccine is available to prevent hepatitis B. Anyone at risk should get vaccinated.

Who is at risk for hepatitis B?

People at greater risk include infants born to mothers with hepatitis B, people who inject drugs or share needles, syringes, and other types of drug equipment, sex partners of people with hepatitis B, gay, bisexual and other men who have sex with men, people who live with someone who has hepatitis B, healthcare and public safety workers exposed to blood on the job, and people on dialysis.

How common is hepatitis B?

CDC estimates that around 12,600 people acquire acute HBV each year in the United States. People with acute hepatitis B may not experience symptoms or may experience very mild symptoms. Consequently, not everyone with acute hepatitis B may seek medical care. Research estimates only 1 out of 7 people with acute hepatitis B are identified and reported to public health. It is likely that the burden of disease from acute hepatitis B is much greater than reported, and the number of cases that are reported to and confirmed by public health are only a small proportion of the true burden of disease.

Visit louisianahealthhub.org for more information.

Chronic Hepatitis B Annual Summary - 2022 Region 8 - Monroe

Chronic HBV Diagnoses

Louisiana Diagnoses: 920

Chronic HBV Diagnosis Rate

6_4

per 100,000 population

Louisiana Rate: 19.9 per 100,000

ranked **7th** in number of diagnoses and **7th** in diagnoses per 100,000 population among Louisiana's nine public health regions

Of the 57 new chronic HBV diagnoses in 2022:

0%

67% of diagnoses were male.

60% of diagnoses were among Black people and 30% of diagnoses were among White people.

The group with the greatest proportion of new diagnoses was 18-39 year olds.

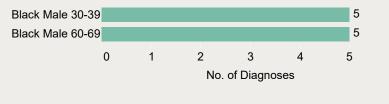


Race/Ethnicity 60% 6% Black Hispanic/ Asian Latinx

Age at Diagnosis 20% 10% 21% 21% 18% 16% 14% 11% 0% 0% 0-17 **8-29** 30-39 40-49 50-59 60-09 +0²

Affected Subpopulations

Black males 30-39 and 60-69 had the highest number of chronic HBV diagnoses.



Geographic distribution

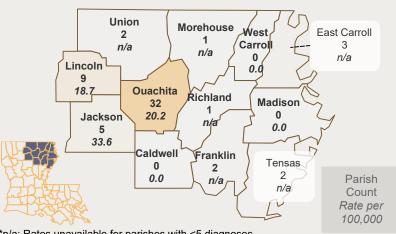
of Diagnoses

Pct.

30%

White

Ouachita Parish had the highest number of HBV diagnoses and Jackson Parish had the highest rate per 100,000 population.

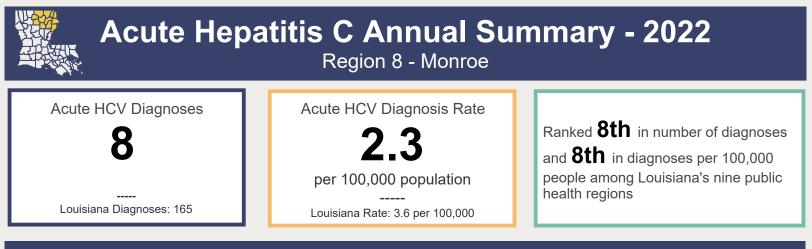


*n/a: Rates unavailable for parishes with <5 diagnoses.

Prevention and Treatment

A safe and effective vaccine is available to prevent hepatitis B. The most common ways that hepatitis B is spread is by injection drug use and sexual contact. HBV can also be spread during childbirth if appropriate prophylaxsis isn't given. Some people may clear HBV on their own, while others will progress to a long-term chronic illness. For those who progress to a chronic illness, treatment is available to prevent liver damage, but it is not curative.

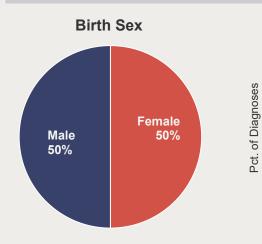
6



Of the 8 acute HCV diagnoses in 2022:

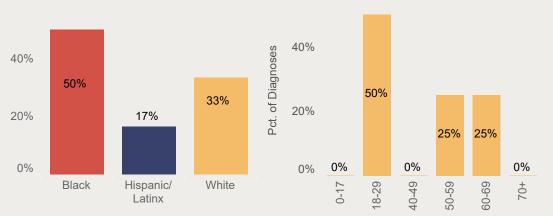
Diagnoses were evenly split between males and females.

50% of diagnoses were among Black people and 33% were among White people. The largest percentage of diagnoses were among people 18-29 years old.



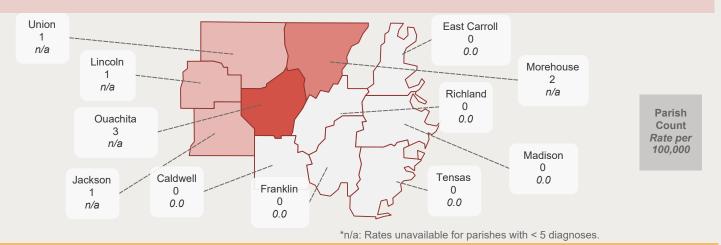
Race/Ethnicity

Age at Diagnosis



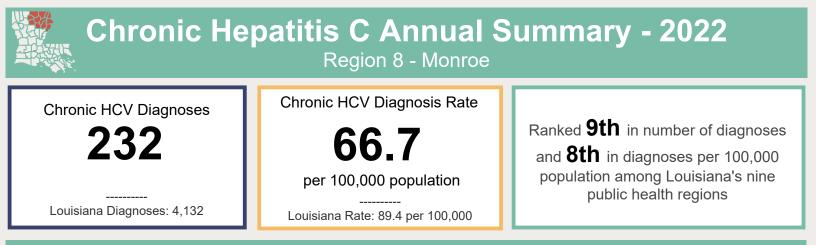
Geographic Distribution

Ouachita Parish had the highest number of new diagnoses.



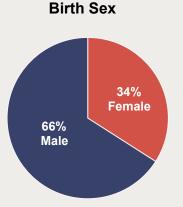
Hepatitis C: A Disease We Can Cure

The Louisiana Department of Health is committed to creating a "Hep C Free Louisiana" where hepatitis C is no longer a threat to public health, the quality of life for our citizens is improved, and health inequities related to hepatitis C are eliminated. Getting tested is the first step in eliminating HCV. CDC recommends universal testing of **ALL** adults for hepatitis C at least once in their lifetime. Visit <u>louisianahealthhub.org</u> to find out where to get tested & treated.



Of the 233 new chronic HCV diagnoses in 2022:

Males comprised 66% of diagnoses.



The majority of diagnoses were among White people.

Race/Ethnicity 60% of Diagnoses 40% 64% 20% Pct. 29% 6% 1% 0% Black Hispanic/ White Asian I atinx

Note: People of Hispanic origin had a lower percentage of

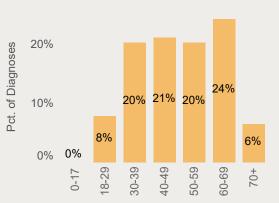
diagnoses, but they had a disproportionally higher rate of

diagnoses per 100,000 population.

Age at Diagnosis

People 60-69 years old had the highest proportion

of diagnoses.



Affected Subpopulations

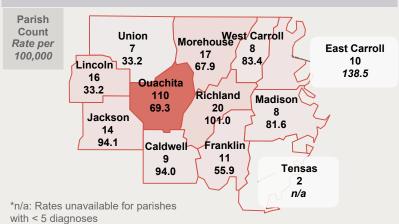
White males 40 to 49 years old had the highest number of new diagnoses.



Number of Diagnoses

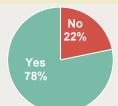
Geographic Distribution

Ouachita Parish had the highest number of diagnoses, while East Carroll Parish had the highest rate per 100,000 population.

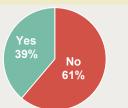


Hepatitis C Testing and Treatment

In 2022, 78% of individuals with positive diagnostic tests also had confirmatory testing done.



As of December 2022, 39% of individuals with confirmed HCV have evidence of an HCV negative lab and have cleared the virus.



HCV antibody testing with reflex to confirmatory testing, HCV RNA test, should be utilized to ensure complete diagnostic testing. Doing so, reduces the number of required healthcare visits and streamlines treatment.

A safe and effective treatment is available to cure hepatitis C. Treatment for hepatitis C is available at no cost for everyone enrolled in Medicaid and people who are incarcerated in Louisiana. Visit <u>louisianahealthhub.org</u> to find out more.

Interpreting the Data: Please note that 2022 data may still be impacted from the COVID-19 pandemic.

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