STI/HIV/Hepatitis B & C Update

2022

Hammond/ Slidell Region 9



STD/HIV/Hepatitis Program Regional Profile, 2022 Update

<u>Data Inclusion:</u> Each profile contains new diagnoses of HIV, primary & secondary syphilis, early non-primary non-secondary syphilis, chlamydia, gonorrhea, congenital syphilis, acute hepatitis B, chronic hepatitis B, acute hepatitis C, and chronic hepatitis C in Louisiana, 2022. Profiles are available for the state of Louisiana and all nine Public Health Regions. Data are reported as counts, proportions, and rates as defined below.

<u>Data Sources:</u> All data were collected and managed by the Louisiana Department of Health (LDH), Office of Public Health (OPH), STD/HIV/Hepatitis Program (SHHP) and closed between June-August 2023 for use in these profiles. At the time of this report, 2021 Census data were used to calculate rates.

STD/HIV/Hepatitis Program (SHHP) Mission and Vision:

SHHP MISSION

Our mission is to end the impacts of HIV, STI, and hepatitis by eliminating related health inequities and stigma for all communities in Louisiana.

SHHP VISION

Louisiana is a place where new HIV, STI and hepatitis diagnoses are rare, all people have high-quality health care and treatment, are free from discrimination, and can achieve their full potential for health and well-being across their lifespan.

Data Definitions:

<u>Counts:</u> Counts, also called frequencies, are the total number of events that occur in a defined period of time. The total number of diagnoses of gonorrhea reported in Louisiana during 2022 would be an example of a count or frequency, e.g. in 2022, 15,015 diagnoses of gonorrhea were reported in Louisiana.

<u>Proportions</u>: For many indicators, the proportion or percent of demographic groups is presented. This is calculated using the count of a subpopulation divided by the total case count. The proportion of gonorrhea diagnoses among males in 2022 is calculated by taking the count of gonorrhea diagnoses among males and dividing by the total count of gonorrhea diagnoses, and multiplying by 100. e.g. in 2022, 56% of gonorrhea diagnoses in Louisiana were among males.

<u>Rates</u>: Rates are the number of events that occur in a defined period of time, divided by the average population at risk of that event. In order to estimate the rate of gonorrhea in Louisiana during 2022, divide the count of gonorrhea diagnoses in 2022 by Louisiana's population (15,015 gonorrhea diagnoses divided by Louisiana's population of 4,624,047= 0.003247). To make this value more interpretable, it is then multiplied by 100,000. The final rate is reported as 324.7 per 100,000 population. In other words, for every 100,000 people living in Louisiana, 325 were newly diagnosed with gonorrhea in 2022.

<u>Data Disclaimers</u>: The data within these profiles represents 2022 data as of frozen data files from June-August 2022. Please note that 2022 data may still be impacted from COVID-19.

For more information, visit the Louisiana Health Hub website at https://louisianahealthhub.org/.

Region 9: Hammond/Slidell

Population Overview

Region 9 has a population of 606,480 and is made up of five parishes (Livingston, St. Helena, St. Tammany, Tangipahoa, Washington).¹ The population of the parishes that comprise Region 9 ranges from a low of 10,912 in St. Helena to a high of 269,388 in St. Tammany. Approximately 22.3% of the Region 9 population resides in an urban parish.¹

Demographics

In Region 9, 73.9% of residents are non-Hispanic White, 18.0% non-Hispanic Black, and 1.0% non-Hispanic Asian. Persons of Hispanic or Latinx origin make up an additional 5.2% of the population.¹

Age and Sex

According to 2021 census data, 51.0% of the population in Region 9 is female and 49.0% of the population is male.¹ Among Region 9 residents, 24.3% are under 18 years old and 16.5% are 65 or older. Youth, 15-24 years old, make up 12.5% of the population.¹

Education and Socioeconomic Status

An estimated 87.5% of the population has high school degree or higher, and 26.9% has a bachelor's degree or higher.³ The median household income in Region 9 is \$67,264 as compared to the state median household income of \$53,571. In Region 9, 14.5% of the population live below the poverty level which is less than the state average of 18.8%.³

Health Indicator

In Region 9, 37.7% of the population is obese and 13.0% of adults have diabetes.³ In regard to mental health, 25.0% of adults have ever been told by a health care professional they had depression or a depressive disorder.³ The Region 9 teen birth rate is 21.6 births per 1,000 females 15-19 years old. There are significant racial disparities in the teen birth rate with non-Hispanic Black females having a teen birth rate over double the teen birth rate among non-Hispanic White females (36.0 births per 1,000 females 15-19 years old and 17.1 births per 1,000 females 15-19 years old).⁷ Racial disparities persist with access to prenatal care. In Region 9, 72.5% of pregnant people accessed prenatal care in the first trimester.⁷ Non-Hispanic White women were more likely to enter prenatal care than non-Hispanic Black women (76.3% and 67.6%, respectively).⁷ Further, non-Hispanic Black infants were more than twice as likely to experience infant mortality than non-Hispanic White infants (10.6 deaths per 1,000 live births and 5.2 deaths per 1,000 live births, respectively).⁷ The overall infant mortality rate in Region 9 is 6.7 deaths per 1,000 live births.⁷

Insurance Coverage

In 2021, the composition of insurance coverage among adults in Region 9 was 51.3% employer-sponsored, 30.2% Medicaid, and 9.7% Medicare. It is estimated that 9.3% of adults and 1.9% percent of children were uninsured. ¹⁰



HIV Annual Summary - 2022

Region 9 - Hammond/Slidell

New HIV Diagnoses 63

Louisiana Diagnoses: 857

HIV Diagnosis Rate 10.4 per 100,000 population

Louisiana Rate: 18.5 per 100,000

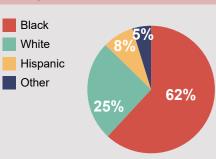
HIV Diagnosis Rate Regional Ranking 9th among Louisiana's nine public health regions

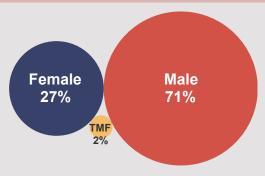
Of the 63 new HIV diagnsoses in 2022:

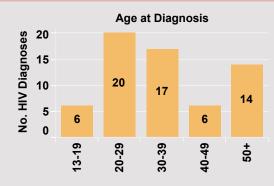
The majority of diagnoses (62%) were among Black people.

Males comprised 71% of diagnoses.

Over half of new diagnoses (59%) were among people 20 to 39 years old.



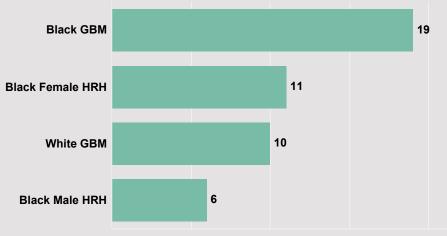




TMF: Transgender Male to Female

Affected subpopulations

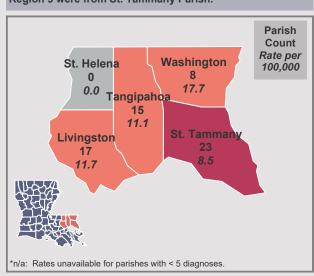
People of color and gay & bisexual men (GBM) are impacted by HIV more than other groups. In Region 9, almost one-third (30%) of diagnoses in 2022 were among Black GBM.



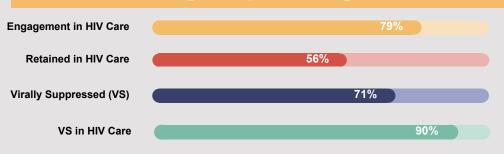
GBM = Gay & bisexual men; HRH = High risk heterosexual; PWID = People who inject drugs

Geographic distribution

In 2022, over one-third of new HIV diagnoses (37%) in Region 9 were from St. Tammany Parish.



HIV Care among People Living with HIV in Region 9 in 2022:



Engagement in care: at least one CD4 or viral load (VL) lab in 2022

Retention in care: two or more CD4 tests or VLs at least 90 days apart in 2022

Viral suppression or an 'undetectable' viral load: VL result < 200 copies per milliliter in 2022

Among persons engaged in HIV care, those who are virally suppressed in 2022

Interpreting the Data: Please note that 2022 data may still be impacted from the COVID-19 pandemic.

PI

Primary and Secondary (P&S) Syphilis

Annual Summary - 2022
Region 9 - Hammond/Slidell

New P&S Syphilis
Diagnoses
84
-----Louisiana Diagnoses: 1,225

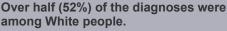
P&S Syphilis Diagnosis Rate
13.9
per 100,000 population

Louisiana Rate: 26.5 per 100,000

P&S Syphilis Diagnosis Rate Regional Ranking 8th

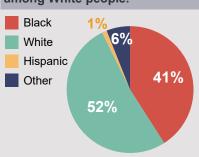
among Louisiana's nine public health regions

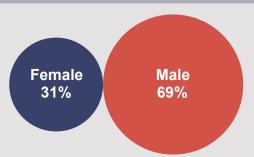
Of the 84 P&S syphilis diagnoses in 2022:

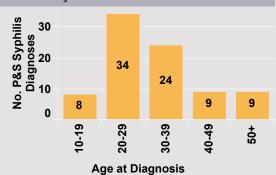


Males comprised 69% of diagnoses.

41% of new diagnoses were among people 20 to 29 years old.

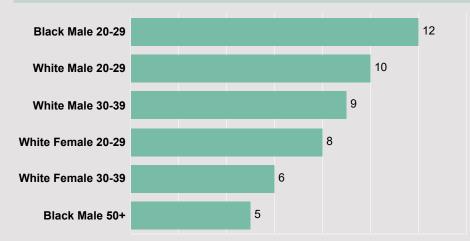






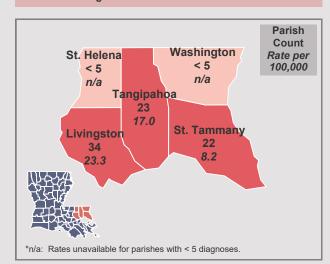
Affected subpopulations

Males are impacted by P&S syphilis more than other groups. In Region 9, over one-quarter (26%) of P&S syphilis diagnoses were among Black and White males 20-29 years old.



Geographic distribution

In 2022, 41% of new P&S syphilis diagnoses in Region 9 were from Livingston Parish.



Behavioral Factors Heterosexual Person who uses drugs Gay and bisexual men Sex with partner met on internet Prior STD diagnosis (12 months) Person who uses injection drugs 41 17 17 Prior STD diagnosis (12 months) Person who uses injection drugs

Transactional sex 1

*An individual can report more than one behavioral factor

Syphilis Treatment Guidelines

STAGE OF SYPHILIS	REGIMEN	DOSE/ROUTE
Primary, Secondary, or Early Non-Primary Non-Secondary (<12 months)	Benzathine Pencillin G*	2.4 million units IM in a single dose
Late or Unknown Duration Syphilis (>12 months)	Benzathine Penicillin G*	7.2 million units IM administered as 3 doses of 2.4 million units IM each, at 1-week intervals

*Benzathine Penicllin G is the only CDC approved treatment for pregnant women



Early Non-P&S Syphilis

Annual Summary - 2022 Region 9 - Hammond/Slidell

New Early Non-P&S Syphilis Diagnoses 42

Louisiana Diagnoses: 884

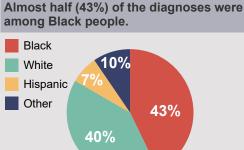
Early Non-P&S Syphilis Diagnosis Rate 6.9 per 100,000 population

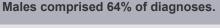
Louisiana Rate: 17.3 per 100,000

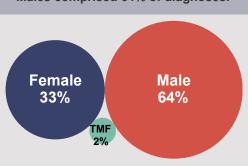
Early Non-P&S Syphilis Diagnosis Rate Regional Ranking 8th

among Louisiana's nine public health regions

Of the 42 early non-P&S syphilis diagnoses in 2022:

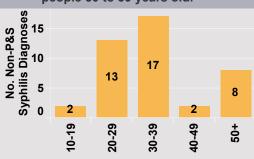






TMF: Transgender male to female

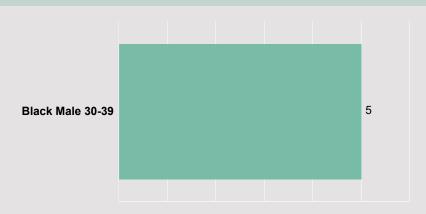
41% of diagnoses were among people 30 to 39 years old.



Age at Diagnosis

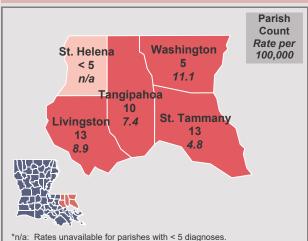
Affected subpopulations

Males are more impacted by early non-P&S syphilis than other groups. In Region 9, over one-quarter (29%) of early non-P&S diagnoses were among Black males.

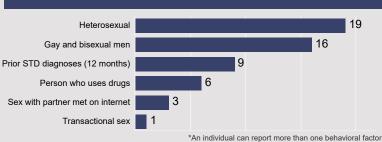


Geographic distribution

In 2022, almost two-thirds of new early non-P&S diagnoses in Region 9 were from Livingston (31%) and St. Tammany (31%) parishes.



Behavioral Factors



Syphilis Treatment Guidelines

STAGE OF SYPHILIS	REGIMEN	DOSE/ROUTE
Primary, Secondary, or Early Non-Primary Non-Secondary (<12 months)	Benzathine Pencillin G*	2.4 million units IM in a single dose
Late or Unknown Duration Syphilis (>12 months)	Benzathine Penicillin G*	7.2 million units IM administered as 3 doses of 2.4 million units IM each, at 1-week intervals

*Benzathine Penicllin G is the only CDC approved treatment for pregnant women



Congenital Syphilis (CS)

Annual Summary - 2022Region 9 - Hammond/Slidell

Pregnant Mothers
Diagnosed with Syphilis
31

Congenital Syphilis Cases

6

Case count reflects the total number of individual infants

Infant Deaths Linked to Congenital Syphilis

0

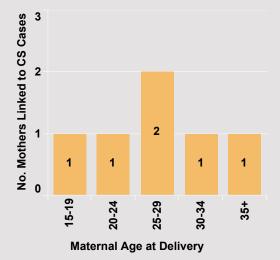
Of the 6 pregnant mothers linked to a 2022 CS case:

Mothers were evenly split between Black and White women.



1 in 1,225
live births were born with
CS in 2022

One third (33%) of mothers were between 25 to 29 years of age at delivery.



17% had a positive toxicology screen during pregnancy.

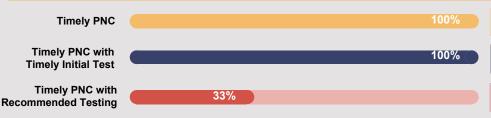
screen during pregnancy.

Marijuana

2022 Regional Ranking **8th**

Highest case count among Louisiana's nine public health regions

Among pregnant mothers linked to a 2022 CS case:



Those who received prenatal care (PNC) at least 60 days before delivery

Those who received timely PNC and were initially tested for syphilis at least 45 days before delivery

Those who received timely PNC, a timely initial test, and were re-tested for syphilis at least 45 days before delivery

Syphilis Guidelines for Pregnant Mothers

A case of congenital syphilis (CS) occurs when an infant is exposed to inadequately treated syphilis in utero or during delivery. This may result in stillbirth, death of a newborn, or significant future health and developmental problems.

Congenital syphilis is completely preventable through early detection of maternal syphilis and treatment that begins at least 30 days before delivery. Current treatment guidelines are as follows:

Primary, Secondary, or Early Non-Primary Non-Secondary Syphilis 2.4 M units benzathine penicillin (1 dose)

Unknown/Late Latent Syphilis

7.2 M units benzathine penicillin (3 doses, 7 days apart)

Louisiana Testing Law

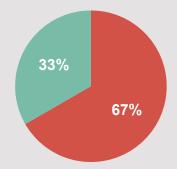
Act 459 was passed in Louisiana in 2014. This requires "opt-out" syphilis and HIV testing for all women at the first prenatal visit, the 1st prenatal visit in the 3rd trimester, and at delivery (if testing/status is not noted in medical charts).

Maternal Stage of Syphilis

The majority (67%) of mothers, linked to a CS case, were diagnosed with early non-primry non-secondary syphilis.

Surveillance Stage

- Early non-primary non-secondary
- Unknown/late latent



Interpretating the Data: Please note that 2022 data may still be impacted from the COVID-19 pandemic.



Gonorrhea Annual Summary - 2022

Region 9 - Hammond/Slidell

New Gonorrhea Diagnoses 1,176

Louisiana Diagnoses: 15,015

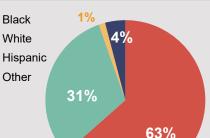
Gonorrhea Diagnosis Rate 193.9 per 100.000 population

Louisiana Rate: 324.7 per 100,000

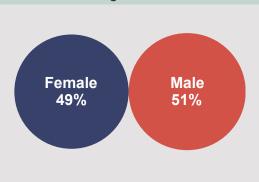
Gonorrhea Diagnosis Rate
Regional Ranking
8th
among Louisiana's nine public
health regions

Of the 1,176 gonorrhea diagnoses in 2022:

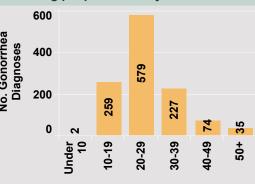
The majority (63%) of diagnoses were among Black people.



By sex at birth, males comprised 51% of diagnoses.



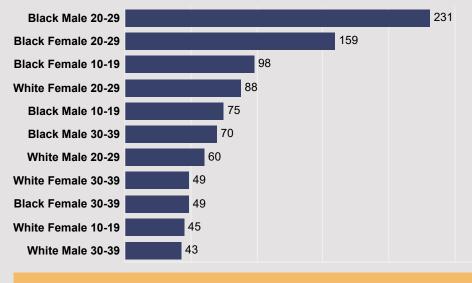
Almost half of diagnoses (49%) were among people 20 to 29 years old.



Age at Diagnosis

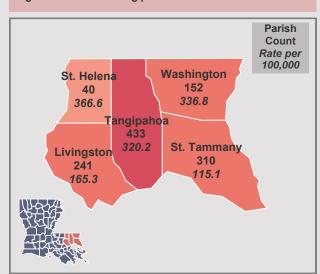
Affected subpopulations

Young people of color are impacted by gonorrhea more than other groups. In Region 9, one-third (33%) of gonorrhea diagnoses in 2022 were among young Black people 20 to 29 years old.



Geographic distribution

In 2022, over one-third of new gonorrhea diagnoses (37%) in Region 9 were from Tangipahoa Parish.



Gonorrhea Screening and Treatment Guidelines

Screening Recommendations:

All sexually active women and pregnant women, under 25 years of age, and sexually active women and pregnant women, 25 years of age and older, if at increased risk.

At least annually for sexually active gay and bisexual men (GBM).

Treatment:

Most cases can be treated with a single 500mg injection of ceftriaxone.

- Help minimize the threat of drug-resistant gonorrhea
- Test-of-cure for throat infections only
- Retest patients 3 months after treatment
- Treat partners



Chlamydia Annual Summary - 2022

Region 9 - Hammond/Slidell

New Chlamydia Diagnoses **3,589**

Louisiana Diagnoses: 36,200

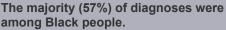
Chlamydia Diagnosis Rate **591.8** per 100.000 population

Louisiana Rate: 782.9 per 100,000

Chalmydia Diagnosis Rate Regional Ranking **8th**

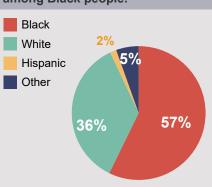
among Louisiana's nine public health regions

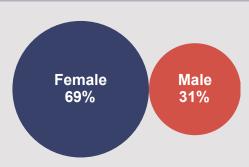
Of the 3,589 chlamydia diagnoses in 2022:

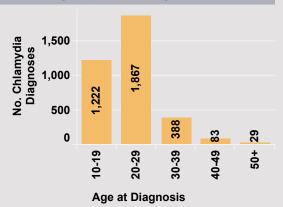


By sex at birth, females comprised 69% of diagnoses.

Over half of diagnoses (52%) were among people 20 to 29 years old.

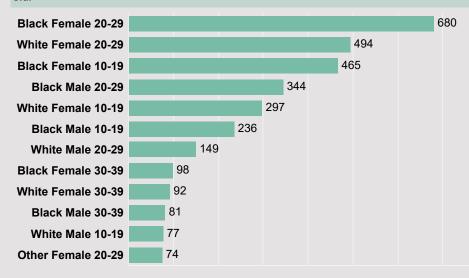






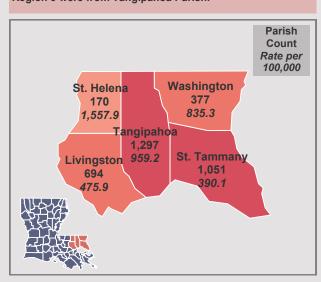
Affected subpopulations

Young females are impacted by chlamydia more than other groups. In Region 9, over half (54%) of chlamydia diagnoses in 2022 were among Black and White females 10 to 29 years old.



Geographic distribution

In 2022, over one-third of new chlamydia diagnoses (36%) in Region 9 were from Tangipahoa Parish.



Chlamydia Screening and Treatment Guidelines

Screening Recommendations:

All sexually active women and pregnant women, under 25 years of age, and sexually active women and pregnant women, 25 years of age and older, if at increased risk.

At least annually for sexually active gay and bisexual men (GBM).

Treatment:

Adults and adolescents:

Recommended: Doxycycline 100 mg orally 2x/day for 7 days

Alternatives: Azythromycin 1 gm orally in a single dose OR Levofloxian 500 mg orally 1x/day for 7 days

Pregnancy:

Recommended: Azithromycin 1 gm orally in a single dose Alternatives: Amoxicillin 500 mg orally 3x/day for 7 days



Acute Hepatitis B Annual Summary - 2022

Region 9 - Hammond/Slidell

Acute HBV Diagnoses

5

Louisiana Diagnoses: 29

Acute HBV Diagnosis Rate

8.0

per 100,000 population

Louisiana Rate: 0.6 per 100,000

A safe and effective vaccine is available to prevent hepatitis B.

Due to low counts, regional profiles of acute hepatitis B do not contain demographic and geographic breakdowns.

What is hepatitis B?

Hepatitis B is a vaccine-preventable liver infection caused by the hepatitis B virus (HBV). New infections cause a short term illness, referred to as an acute infection. Some people are able to clear HBV on their own and will no longer have HBV in their body, while others will progress to a long-term chronic illness.

How is hepatitis B spread and prevented?

HBV is most commonly spread through injection drug use and sexual contact. HBV can also be spread during childbirth if appropriate prophylaxis isn't administered. A safe and effective vaccine is available to prevent hepatitis B. Anyone at risk should get vaccinated.

Who is at risk for hepatitis B?

People at greater risk include infants born to mothers with hepatitis B, people who inject drugs or share needles, syringes, and other types of drug equipment, sex partners of people with hepatitis B, gay, bisexual and other men who have sex with men, people who live with someone who has hepatitis B, healthcare and public safety workers exposed to blood on the job, and people on dialysis.

How common is hepatitis B?

CDC estimates that around 12,600 people acquire acute HBV each year in the United States. People with acute hepatitis B may not experience symptoms or may experience very mild symptoms. Consequently, not everyone with acute hepatitis B may seek medical care. Research estimates only 1 out of 7 people with acute hepatitis B are identified and reported to public health. It is likely that the burden of disease from acute hepatitis B is much greater than reported, and the number of cases that are reported to and confirmed by public health are only a small proportion of the true burden of disease.

Visit <u>louisianahealthhub.org</u> for more information.

Chronic Hepatitis B Annual Summary - 2022

Region 9 - Hammond/Slidell

Chronic HBV Diagnoses
108
Louisiana Diagnoses: 920

Chronic HBV Diagnosis Rate

17.8

per 100,000 population

Louisiana Rate: 19.9 per 100,000

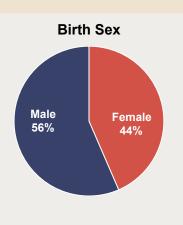
ranked **4th** in number of diagnoses and **5th** in diagnoses per 100,000 population among Louisiana's nine public health regions

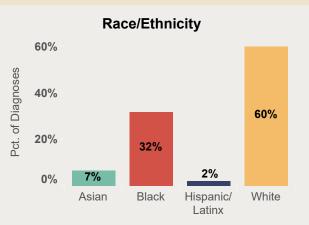
Of the 108 new chronic HBV diagnoses in 2022:

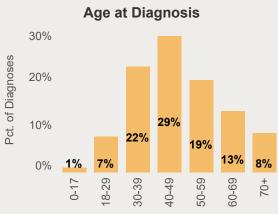
56% of diagnoses were male.

60% of diagnoses were among White people and 32% of diagnoses were among Black people.

The group with the highest proportion of diagnoses was people 40-49 years old.

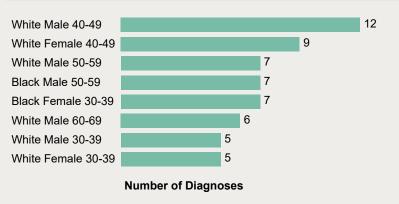






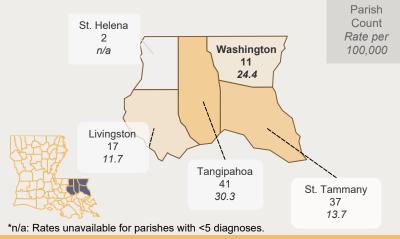
Affected Subpopulations

White males and femailes, 40-49 years old, had the highest number of chronic HBV diagnoses.



Geographic distribution

Tangipahoa Parish had the highest number of chronic HBV diagnoses and the highest rate per 100,000 population.



Prevention and Treatment

A safe and effective vaccine is available to prevent hepatitis B. The most common ways that hepatitis B is spread is by injection drug use and sexual contact. HBV can also be spread during childbirth if appropriate prophylaxsis isn't given. Some people may clear HBV on their own, while others will progress to a long-term chronic illness. For those who progress to a chronic illness, treatment is available to prevent liver damage, but it is not curative.



Acute Hepatitis C Annual Summary - 2022

Region 9 - Hammond/Slidell

Acute HCV Diagnoses

30

Louisiana Diagnoses: 165

Acute HCV Diagnosis Rate

4.9

per 100,000 population

Louisiana Rate: 3.6 per 100,000

Ranked **2nd** in number of diagnoses and **2nd** in diagnoses per 100,000 people among Louisiana's nine public health regions

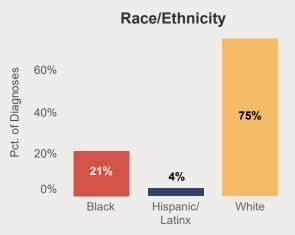
Of the 30 acute HCV diagnoses in 2022:

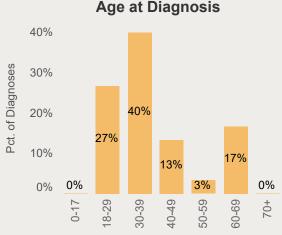
57% of diagnoses were male.

The majority of diagnoses were among White people.

The majority of diagnoses were among people 30-39 years old.







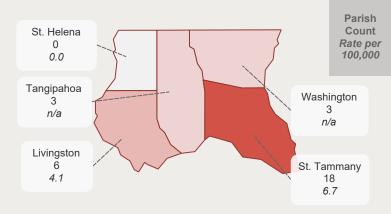
Affected Subpopulations

The largest number of acute HCV diagnoses were among White males between 30 and 39 years old.



Geographic Distribution

St. Tammany Parish had the highest number of new diagnoses followed by Livingston Parish.



*n/a: Rates unavailable for parishes with < 5 diagnoses.

Hepatitis C: A Disease We Can Cure

The Louisiana Department of Health is committed to creating a "Hep C Free Louisiana" where hepatitis C is no longer a threat to public health, the quality of life for our citizens is improved, and health inequities related to hepatitis C are eliminated. Getting tested is the first step in eliminating HCV. CDC recommends universal testing of **ALL** adults for hepatitis C at least once in their lifetime. Visit <u>louisianahealthhub.org</u> to find out where to get tested & treated.



Chronic Hepatitis C Annual Summary - 2022

Region 9 - Hammond/Slidell

Chronic HCV Diagnoses

580

Louisiana Diagnoses: 4,132

Chronic HCV Diagnosis Rate

95.6

per 100,000 population

Louisiana Rate: 89.4 per 100,000

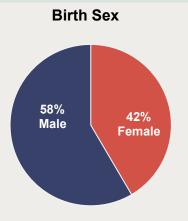
Ranked **3rd** in number of diagnoses and **3rd** in diagnoses per 100,000 population among Louisiana's nine public health regions

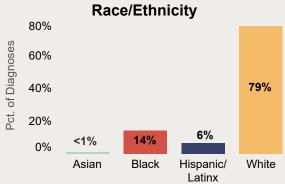
Of the 581 new chronic HCV diagnoses in 2022:

Males comprised 58% of diagnoses.

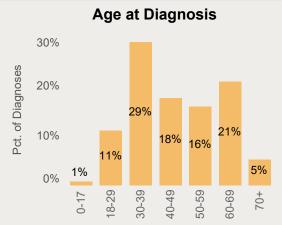
The majority of diagnoses were among White people.

People 30-39 years old had the highest proportion of diagnoses.



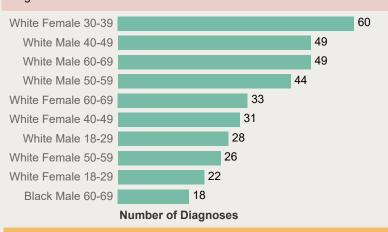


Note: People of Hispanic origin had a lower percentage of diagnoses, but they had a disproportionally higher rate of diagnoses per 100,000 population.



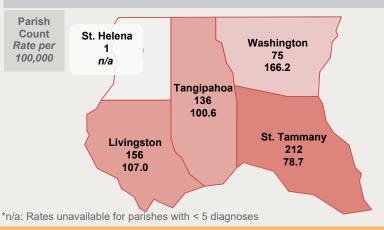
Affected Subpopulations

White females 30 to 39 years old had the highest number of new diagnoses.



Geographic Distribution

St. Tammany Parish had the highest number of diagnoses, while Washington Parish had the highest rate per 100,000 population.



Hepatitis C Testing and Treatment

In 2022, 84% of individuals with positive diagnostic tests also had confirmatory testing done.



As of December 2022, 37% of individuals with confirmed HCV have evidence of an HCV negative lab and have cleared the virus.



HCV antibody testing with reflex to confirmatory testing, HCV RNA test, should be utilized to ensure complete diagnostic testing. Doing so, reduces the number of required healthcare visits and streamlines treatment.

A safe and effective treatment is available to cure hepatitis C. Treatment for hepatitis C is available at no cost for everyone enrolled in Medicaid and people who are incarcerated in Louisiana. Visit louisianahealthhub.org to find out more.

References

- 1. U.S. Census Bureau, 2021 Population Estimates.
- Adolescents and STDs. Centers for Disease Control and Prevention. https://www.cdc.gov/std/life-stages-populations/stdfact-teens.htm. Published April 12, 2022. Accessed August 2023.
- 3. Louisiana Department of Health. Louisiana State Health Assessment. MySidewalk. https://dashboards.mysidewalk.com/louisiana-state-health-assessment/demographics. Published 2021. Accessed August 2023.
- 4. America's Health Rankings Analysis of U.S. Census Bureau. American Community Survey. United Health Foundation. AmericasHealthRankings.org. Accessed August 2023.
- 5. Current cigarette smoking among adults in the United States. Centers for Disease Control and Prevention.
 - https://www.cdc.gov/tobacco/data_statistics/fact_sheets/adult_data/cig_smoking/index.htm. Published March 17, 2022. Accessed August 2023.
- Mental Health in Louisiana. National Alliance on Mental Illness. https://www.nami.org/NAMI/media/NAMI-Media/StateFactSheets/LouisianaStateFactSheet.pdf May 2023. Accessed August 2023.
- 7. Louisiana 2018-2020 Maternal and Child Health Profile. Louisiana Department of Health. *Bureau of Family Health*. https://partnersforfamilyhealth.org/wp-content/uploads/2022/08/2018-2020-Region-Profiles.pdf. Published May 2022. Accessed August 2023.
- 8. Prison Policy Initiative (2021). *Louisiana Profile*. Prison Policy Initiative | Prison Policy Initiative. https://www.prisonpolicy.org/profiles/LA.html. Accessed August 2023.
- 9. Demographic dashboard. Louisiana Department of Public Safety & Corrections. https://doc.louisiana.gov/demographic-dashboard/. Published May 2022. Accessed August 2023
- 10. Louisiana Health Insurance Survey. Louisiana Department of Public Health & LSU E.J. Ourso College of Business
 - https://ldh.la.gov/assets/medicaid/LHIS/2022LHIS/LouisianaHealthInsuranceSurvey2021-4.18.2022.pdf. Updated June 30, 2023. Accessed August 2023.
- 11. Health insurance coverage of the total population. Kaiser Family Foundation. https://www.kff.org/state-category/health-coverage-uninsured. Published November 2021. Accessed August 2023.