

STATE HEALTH ASSESSMENT KEY FINDINGS

PRIORITY AREA BEHAVIORAL HEALTH

The Louisiana State Health Assessment (SHA) and State Health Improvement Plan (SHIP) are Louisiana's roadmap to a healthier state. The SHA has identified behavioral health as a priority area for the SHIP. Information presented below is from the SHA community engagement activities, which included community leader interviews and a statewide survey. Health outcomes for the state can also be viewed on the SHA dashboard: www.LouisianaSHA.com

Behavioral health includes mental health illnesses and addictive disorders. In the SHA statewide survey, Louisianans identified mental health and substance use as major problems—impacts are felt most by people who are between the ages of 18-24, make less than \$25,000 annually, or did not graduate college. Behavioral health stigma impedes patients seeking and receiving care. Between 2016-2020, opioid deaths have more than doubled in Louisiana.

COMMUNITY ENGAGEMENT FEEDBACK

"A massive problem in Louisiana in general is your alcoholism and your drug overdoses."

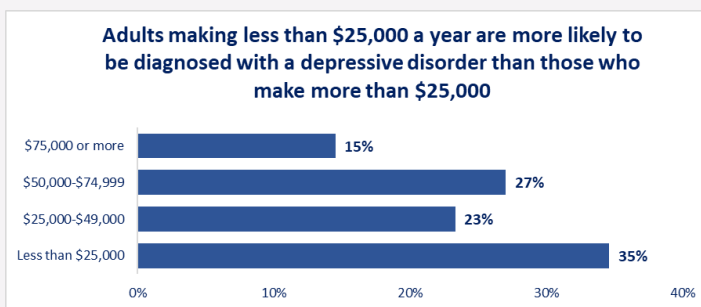
- Community Leader, Region 5

"Something constantly coming up is the shortage in behavioral healthcare providers."

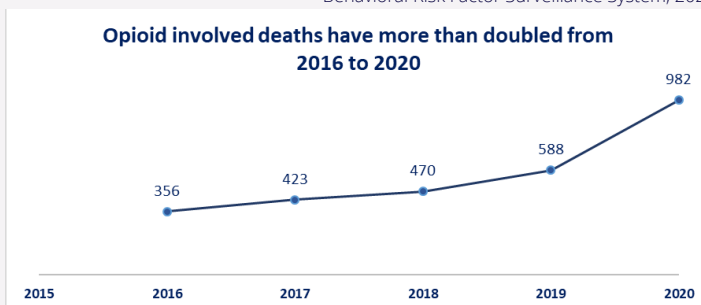
- Community Leader, Region 6

69% of survey respondents said that mental health and substance misuse are major concerns in their communities.

STATEWIDE HEALTH OUTCOMES



Behavioral Risk Factor Surveillance System, 2020



Louisiana Opioid Data and Surveillance System, 2020

If you are experiencing behavioral health issues, counselors are available 24/7 at the Keep Calm Hotline, 1-866-310-7977 linking callers to mental health and substance abuse counseling services. You can also call or text 988 to receive assistance during a mental health crisis for yourself or a loved one that may need support. All calls are confidential. Additional behavioral health resources can be found [here](#).