

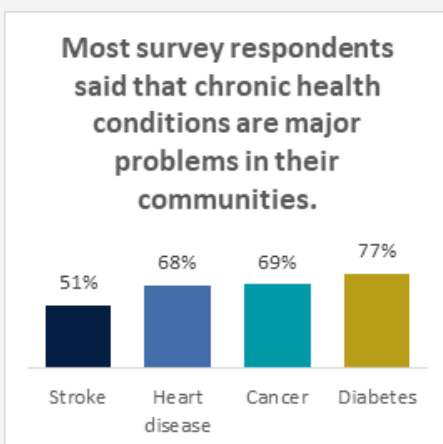
STATE HEALTH ASSESSMENT KEY FINDINGS

PRIORITY AREA CHRONIC DISEASE

The Louisiana State Health Assessment (SHA) and State Health Improvement Plan (SHIP) are Louisiana's roadmap to a healthier state. The SHA has identified chronic disease as a priority area for the SHIP. Information presented below is from the SHA community engagement activities, which included community leader interviews and a statewide survey. Health outcomes for the state can also be viewed on the SHA dashboard: www.LouisianaSHA.com

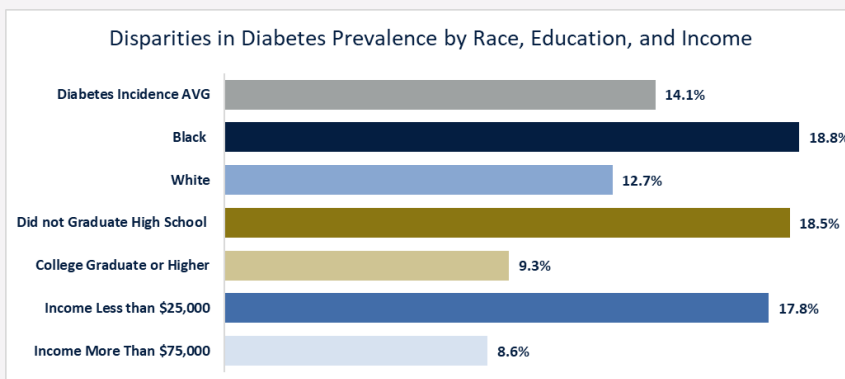
Chronic diseases are health conditions that last at least one year, require ongoing medical attention, or limit activities of daily living. Louisianans believe chronic diseases are a major concern in their communities. They are the leading causes of death in Louisiana and exceed national rates. Inequities are driven by more than just individual behavior and include healthcare and nutritious food accessibility, and exposure to environmental toxins. People who are Black, less education, or low income experience higher rates of chronic disease.

COMMUNITY ENGAGEMENT FEEDBACK



North Lake Charles, a predominantly Black, low-income area...has no access to fresh produce... When this area of Lake Charles has no hospitals and no grocery stores and no infrastructure... There are some racial injustices going on.
- Community Leader, Region 5

STATEWIDE HEALTH OUTCOMES



Behavioral Risk Factor Surveillance System, 2020



The top 10 leading causes of death in Louisiana and the US are identical, and 7 of the 10 are chronic diseases (heart disease, cancer, stroke, Alzheimer's disease, chronic lower respiratory disease, diabetes, kidney disease). The rates of death in Louisiana exceed national averages. For example, 208 Louisianans per 100,000 die of heart disease compared to 162 US citizens per 100,000.

CDC Wonder, *Cause of Death 2019*

Well-Ahead, the chronic disease prevention and healthcare access arm of the Louisiana Department of Health, is working with organizations, educational institutions, healthcare systems, and community leaders to make a positive impact on communities through policy, system, and environmental changes.

To learn more please visit: www.wellaheadla.com