

# Jump Start Your Heart Act

Senate Bill NO.12 ACT 234-2023YR

## FREQUENTLY ASKED QUESTIONS



### What is the Jump Start Your Heart Act?

The **Jump Start Your Heart** Act was formed through [Act 234](#) of the 2023 Regular Legislative Session.

**All educational facilities, whether public, private or charter, are required to possess an Automated External Defibrillator (AED) on its premises. This includes:**

- Postsecondary education institutions
- Elementary schools
- Middle (Jr. High) schools
- High schools
- Any educational Institution that sponsors/hosts an athletic event

All institutions must also have a **"Cardiac Emergency Response Plan:"** A document establishing the specific steps to reducing the risk of death from cardiac arrest at an athletic event.

### What are the requirements for Postsecondary Institutions?

- An AED must always be on the premises, along with posters approved by AHA/ARC on how to safely perform CPR and use the AED.
- Institutions that sponsor/host an intercollegiate athletic event must have an AED available at the event, along with an individual trained in the use of the AED and in pediatric, child and adult CPR.
- **The AEDs must be:**
  - In an easily accessible location within its athletic department.
  - In open view within 2 feet of a telephone to readily enable a call to 911 from the athletic department.
  - In an area easily accessible to coaches and athletic personnel where athletes are training/competing.

### What are the requirements for Elementary, Middle and High Schools?

- An AED must always be on the premises in an easily accessible location.
- Institutions that sponsor/ host an interscholastic athletic event must have an AED available at the event, along with an individual trained in the use of the AED and in pediatric, child and adult CPR.

**For Additional Information & Assistance:**

Contact Aimee Hall at [Aimee.Hall@la.gov](mailto:Aimee.Hall@la.gov) or (225) 925-4374.

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### What is a Cardiac Emergency Response Plan?

A Cardiac Emergency Response Plan, which shall focus on preventing the loss of life, should be prepared by each principal, dean, president, chancellor or chief executive jointly with local responders.

**The Cardiac Emergency Response plan shall integrate at a minimum the following guidelines:**

- Establish a cardiac emergency team (minimum of two but preferably four).
- Activate the team in response to a sudden cardiac arrest.
- Implement AED placement and routine maintenance within the school.
- Maintain ongoing staff training in CPR and AED use.
- Practice the plan with the use of drills.
- Integrate Local EMS.
- Annually review and evaluate the plan.

### What are the Cardiac Emergency Response Team requirements?

Individuals must be credentialed in adult and pediatric CPR and use of an AED. **They must have completed adult and pediatric CPR and AED courses recognized by a national organization or association such as:**

- American Heart Association (AHA)
- The American Red Cross (ARC)
- The National Safety Council
- Health and Safety Institute (HIS)
- Or received an equivalent cardiopulmonary resuscitation credential approved by the Louisiana Department of Health (LDH)

### How do I register?

Registration with the Bureau of EMS is required. This includes completing the form here:

**[Emergency Medical Services | La Dept. of Health.](#)**

- **Registration must include:**
  - Name and location of education facility.
  - Name and contact information of principal, chancellor or president.
  - Name and contact information of the individual responsible for compliance (if different than principal, chancellor or president).
  - Make, model, serial number of AED(s).
  - Expiration date of AED pads (adult and pediatric pads if applicable).
  - Name(s) of individual(s) trained in CPR and the use of the AED on the emergency response team.

**For Additional Information & Assistance:**

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