

All Vendors must maintain minimum stock of the WIC Approved Food Items below in the listed sizes, quantities, and varieties at all times. Please reference the WIC Shopping Guide for additional restrictions on brands and flavors.

## Minimum Stock Requirements At-A-Glance

Food Item	Size	Min Stock	Food Item	Size	Min Stock
Cold Breakfast Cereal	12oz. box 18oz. box	15 boxes, 3 varieties (1 variety must be whole grain)	Whole Grains <i>(rice, bread, tortillas, pasta)</i>	16oz. package	10 - 16oz. packages, any variety
Beans/Lentils/Peas <i>(dried and canned)</i>	16oz. bag 15-16 oz. can	6 bags, any variety 6 cans, any authorized variety	Peanut Butter	16 - 18oz. jar	5 jars
Infant Cereal	8oz. container	10 containers	Canned Fish <i>(Tuna, Salmon, Sardines)</i>	All eligible sizes	10 cans
Infant Fruits	4oz. container	32 containers, 2 varieties	Fresh Fruit	N/A	20 units, 3 varieties
Infant Vegetables	4oz. container	32 containers, 2 varieties	Fresh Vegetables	N/A	20 units, 3 varieties
Infant Meats	2.5oz. container	16 containers, 2 varieties	<b>Cheese - LEB</b>	8oz. package 16oz. package	5 - 8oz. packages 5 - 16oz. packages
Infant Formula	12 - 12.6oz. can	See page 6	<b>Eggs - LEB</b>	Dozen -lg, white	5 dozen
Single Strength Juice	64oz. container	6 containers, 2 flavors	<b>Whole Milk - LEB</b>	Gallon Quart	5 gallons 2 quarts
Single Strength Juice	48oz. container and/or 11.5-12oz. frozen concentrate	6 containers, 2 flavors	<b>Low Fat Milk: Low-Fat (1%) Milk and/or Skim Milk - LEB</b>	Gallon Quart	10 gallons* 2 quarts* <small>(*any combination of low-fat milk and/or skim milk)</small>

## Cheese, Eggs, Milk & Soy Beverage

### Cheese

#### Least Expensive Brand

Block or sliced (not individually wrapped) 8oz. or 16oz. package

- American, mild cheddar, medium cheddar, mozzarella (part skim), and Swiss

**Not allowed** – Cheese products, spreads, deli-purchased (sliced or weighed to order), individually wrapped, grated, or shredded



#### Minimum Stock Requirement:

8oz. Cheese – 5 packages  
16oz. Cheese – 5 packages

### Eggs

#### Least Expensive Brand

Dozen large, white eggs

**Not allowed** – Other sizes, low cholesterol advertised, low-fat, or specialty eggs

### Milk

#### Least Expensive Brand

Gallon and Quart

- Homogenized
- Fat content specified on shopping list
- Lactose-free or reduced must be on the eWIC shopping list

**Not allowed** – Flavored milk or buttermilk

#### Minimum Stock Requirement:

Eggs – 5 dozen  
Whole Milk – 5 gallons and 2 quarts  
Low Fat Milk – 10 gallons and 2 quarts  
(any combination of 1% milk and/or skim milk)

### Soy Beverage

Must be on the eWIC shopping list  
32oz. or 64oz. container

#### Authorized Brands Below

- 8<sup>th</sup> Continent – Original and Vanilla
- Pacific Ultra – Original
- Silk – Original
- Silk – Original Aseptic (Shelf Stable)
- Westsoy Organic – Original and Vanilla



#### Optional Stock Requirement:

Soy Beverage – optional  
Lactose-free or Reduced – optional

# Yogurt

## Authorized Brands Below

32oz. Only – Non-Fat, Low-Fat, and Whole Fat

### Whole Fat

- Dannon – Plain, Strawberry, Vanilla
- Essential Everyday – Greek Plain, Plain
- Food Club – Greek Vanilla
- Kroger – Plain, Vanilla
- Lucerne Dairy Farms – Plain
- Mountain High – Plain, Strawberry, Vanilla
- O Organics – Plain, Vanilla
- Southeastern Grocers – Greek Plain, Greek Vanilla, Plain
- Simply balanced – Greek Plain

### Non-Fat and Low-Fat

- Best Choice – Plain, Strawberry, Vanilla
- Best Yet – Plain, Vanilla
- Coburn Farms – Plain, Vanilla
- Dannon – Plain, Strawberry, Vanilla
- Dannon Light and Fit – Greek Plain, Greek Vanilla, Strawberry, Vanilla
- Essential Everyday – Blueberry, Greek Plain, Greek Strawberry, Greek Vanilla, Peach, Plain, Strawberry, Vanilla
- Food Club – Greek Plain, Peach, Plain, Strawberry, Vanilla
- Great Value – Peach, Plain, Strawberry, Strawberry-Banana, Vanilla

### Non-fat and Low-Fat, continued

- Kroger – Greek Plain, Greek Vanilla, Plain, Vanilla
- Lucerne Dairy Farms – Greek Plain, Greek Vanilla, Peach, Plain, Strawberry, Vanilla
- Market Pantry – Plain, Vanilla
- Mountain High – Plain, Vanilla
- Nostimo – Greek Plain, Greek Strawberry
- Oikos – Greek Plain, Greek Strawberry, Greek Vanilla
- Open Nature – Greek Plain, Greek Strawberry, Greek Vanilla
- O Organics – Greek Plain
- Southeastern Grocers – Greek Plain, Greek Strawberry, Greek Vanilla, Plain, Vanilla
- ShurFine – Plain
- Simple Truth – Greek Plain, Greek Plain (organic), Greek Vanilla, Greek Vanilla (organic), Plain (organic)
- Simply Balanced – Greek Plain, Greek Vanilla
- Winn Dixie – Greek Plain, Plain, Vanilla
- Yoplait – Blueberry, Peach, Strawberry, Strawberry-Banana, Vanilla



### Not allowed

Mix-in ingredients such as granola, candy pieces, honey, nuts, and similar ingredients

### Optional Stock Requirement

## Canned Fish, Canned/Dried Beans, Lentils, Peas & Peanut Butter

### Canned Fish

Must be on the eWIC shopping list.

#### Any Brand

- Tuna packed in oil or water – 5 or 6oz. can or foil pouch
- Pink Salmon packed in oil or water – 5oz., 6oz., 7.5oz. (as of 2/1/20) or 14.75oz (as of 2/1/20) can or foil pouch
- Sardines packed in oil or water – 3.75oz. or 15oz. can or pack (as of 4/1/20)



#### Minimum Stock Requirement:

Canned Fish – 10 cans, any variety in any eligible size

### Canned Beans/Lentils/Peas

#### Authorized Varieties Below

- 15-16oz. can
- Baby Lima Beans
- Black Beans
- Blackeye Peas
- Cannelini Beans
- Crowder Peas
- Field Peas
- Garbanzo Beans
- Kidney Beans
- Lentils
- Lima Beans
- Navy Beans
- Pinto Beans
- Purple Hull Peas
- Red Beans
- White Beans

**Not allowed** – Green beans, Wax beans, Sweet peas

#### Minimum Stock Requirement:

Canned Beans/Lentils/Peas – 6 cans

### Dried Beans/Lentils/Peas

#### Any Brand

- 16oz. bag of any variety

**Not allowed** – Beans with added seasonings or flavorings; Bean soup mixes

### Peanut Butter

Must be on the eWIC shopping list.

#### Any Brand

- 16–18oz. jar of creamy, crunchy, or smooth

**Not allowed** – Flavored or with other ingredients such as jelly or honey

#### Minimum Stock Requirement:

Dried Beans/Lentils/Peas – 6 bags  
Peanut Butter – 5 jars

# Juice

## 48oz. Single Strength Juice 11.5-12oz. Frozen Juice Concentrate

100% Juice

### Frozen Concentrate Authorized Brands and Flavors

- Always Save - *Apple, Orange*
- Best Choice - *Apple, Orange*
- Best Yet - *Apple, Orange, Purple or Red Grape*
- Clear Value - *Orange*
- Essential Everyday - *Apple, Orange, Purple or Red Grape*
- Food Club- *Apple, Orange, Purple or Red Grape*
- Great Value- *Apple, Orange, Purple or Red Grape*
- IGA - *Apple, Orange*
- Kroger- *Apple, Grapefruit, Orange, Pineapple, Pineapple-Orange, Purple or Red Grape*
- Market Pantry - *Apple, Orange, Purple or Red Grape*
- Old Orchard - *Apple, Cranberry, Cranberry-Apple, Cranberry-Raspberry, Orange, Pineapple, Pineapple-Orange, Purple or Red Grape, White Grape*
- SE Grocers - *Apple, Orange*
- Seneca - *Apple*
- ShurFine - *Orange*



**Not allowed:** Added Sugar

**Minimum Stock Requirement:** Combination of Frozen Concentrate **and/or** 48oz. Juice – 6 containers, 2 flavors

### Frozen Concentrate Authorized Brands and Flavors, continued

- Signature Select - *Apple, Orange*
- Tipton Grove - *Apple, Orange*
- Welch's - *Apple, Purple or Red Grape, White Grape*

### 48 oz. Authorized Brands and Flavors

- Apple & Eve - *Apple, Cranberry, Cranberry-Apple, Cranberry-Raspberry*
- Brookshire's - *Apple, Orange, Pineapple, Pineapple-Orange*
- Food Club - *Apple, Orange, Pineapple, Pineapple-Orange*
- Freedom's Choice - *Apple, Purple or Red Grape*
- Juicy Juice - *Apple, Purple or Red Grape*
- Ruby Kist - *Apple, Purple or Red Grape*
- SE Grocers - *Apple, Orange, Pineapple, Purple or Red Grape*
- ShurFine - *Apple*
- Welch's - *Purple or Red Grape, White Grape*

## 64oz. Single Strength Juice

100% Juice

### 64 oz. Authorized Brands and Flavors

- Always Save - *Apple, Purple or Red Grape*
- Apple & Eve - *Apple, Cranberry, Cranberry-Apple, Cranberry-Grape, Cranberry-Raspberry*
- Best Choice - *Apple, Grapefruit, Pineapple, Purple or Red Grape, Tomato, Vegetable, White Grape*
- Best Yet - *Apple, Cranberry, Cranberry-Grape, Grapefruit, Orange, Pineapple, Purple or Red Grape, Vegetable, White Grape*
- Brookshire's - *Apple, Orange, Pineapple, Purple or Red Grape, Tomato, Vegetable, White Grape*
- Campbell's - *Tomato (Low Sodium), Tomato (Regular)*
- Essential Everyday - *Apple, Cranberry, Grapefruit, Orange, Pineapple, Purple or Red Grape, Tomato (Low Sodium), Tomato (Regular), Vegetable (Low Sodium), Vegetable (Regular), White Grape*
- Food Club - *Apple, Orange, Pineapple, Purple or Red Grape, Tomato, Vegetable, White Grape*
- Great Value - *Apple, Cranberry, Cranberry-Grape, Grapefruit, Orange, Pineapple, Purple or Red Grape, Tomato, Vegetable (Low Sodium), Vegetable (Regular), White Grape*
- IGA - *Apple, Grapefruit, Orange, Pineapple, Purple or Red Grape, Vegetable, White Grape*
- Juicy Juice - *Apple, Orange-Tangerine, Purple or Red Grape, White Grape*
- Kroger - *Apple, Cranberry, Cranberry-Apple, Grapefruit, Pineapple, Purple or Red Grape, Vegetable (Low Sodium), Vegetable (Regular), White Grape*

### 64 oz. Authorized Brands and Flavors, Continued

- Market Pantry - *Apple, White Grape*
- Mott's - *Apple, Cranberry-Apple*
- Northland - *Cranberry-Grape, Cranberry-Raspberry*
- Old Orchard - *Apple, Cranberry-Apple, Orange, Purple or Red Grape*
- Ruby Kist - *Apple, Grapefruit, Orange, Pineapple, Purple or Red Grape, Vegetable, White Grape*
- SE Grocers - *Apple, Cranberry, Cranberry-Grape, Grapefruit, Orange, Purple or Red Grape, Vegetable, White Grape*
- Seneca - *Apple*
- Sesame Street - *Apple, White Grape*
- ShurFine - *Apple, Orange, Purple or Red Grape, White Grape*
- Signature Select - *Apple, Cranberry, Cranberry-Grape, Cranberry-Raspberry, Orange, Pineapple, Purple or Red Grape, Tomato, Vegetable, White Grape*
- Tipton Grove - *Apple, Orange, Pineapple, Purple or Red Grape, Vegetable, White Grape*
- Valutime - *Purple or Red Grape*
- V8 – *Vegetable (Low Sodium), Vegetable (Regular)*
- Welch's – *Purple or Red Grape, Purple or Red Grape (with calcium), White Grape*



**Not allowed:** Added Sugar

**Minimum Stock Requirement:** 64oz. Juice – 6 containers, 2 flavors

# Whole Grains

## 100% Whole Wheat Bread

### Authorized Brands Below

16oz. or 24oz. package



#### 16oz. package

- Best Choice
- Best Yet
- IGA
- Kroger
- Nature's Own Life Whole Grain Wheat Sugar Free
- Nature's Own 100% Whole Wheat with Honey
- Ozark Hearth
- Pepperidge Farm
- Sara Lee
- Shoppers Value
- Wonder

#### 24oz. package

- Essential Everyday
- Market Pantry
- Orowheat
- Pepperidge Farm
- Private Selection 100% Whole Wheat Wide Pan Bread
- Private Selection 100% Whole Wheat Sugar Free Bread
- Rouses
- Signature Select

**Not allowed** - White, wheat blends, buns, rolls, bagels, frozen dough, organic varieties

## Brown Rice

### Authorized Brands Below

16oz. bag/box



- |                      |                 |                    |
|----------------------|-----------------|--------------------|
| • Best Choice        | • Great Value   | • Sarita           |
| • Best Yet           | • Gulf Pacific  | • SE Grocers       |
| • Brookshire's       | • IGA           | • Shurfine         |
| • Essential Everyday | • Kroger        | • Signature Select |
| • Food Club          | • Mahatma       | • Uncle Ben's      |
| • Freedom's Choice   | • Market Pantry | • Winn Dixie       |
|                      | • Parade        |                    |
|                      | • Rouses        |                    |

**Not allowed** – Instant, white, flavored, wild rice mixes, or organic varieties

## Tortillas – 100% Corn or Whole Wheat

### Authorized Brands Below

16oz. package

- |                      |               |             |
|----------------------|---------------|-------------|
| • Best Choice        | • Food Club   | • MiCasa    |
| • Brookshire's       | • Great Value | • Mission   |
| • Celia's            | • Guerrero    | • Ortega    |
| • Chi-Chi's          | • IGA         | • Shurfine  |
| • Essential Everyday | • Kroger      | • Tio Santi |

**Not allowed** - White flour tortillas or tostadas

## Whole Wheat Pasta

### Authorized Brands Below

16oz. package, any variety

- |                      |               |                    |
|----------------------|---------------|--------------------|
| • Barilla            | • Food Club   | • Racconto         |
| • Best Choice        | • Great Value | • Ronzoni          |
| • Essential Everyday | • Kroger      | • Signature Select |
| • Full Circle        | • O Organics  | • Simple Truth     |

### Minimum Stock Requirement:

Whole Grains – Ten (10) **16oz.** packages, any variety

### Full Line Grocery Requirement:

3 varieties of Bread or Tortillas with 5 or more units of each variety;

2 varieties of Rice with 6 or more units of each variety

# Fruits and Vegetables

### Any Brand

- Fresh, Frozen, Canned (Most Brands)
- Pre-cut packaged in bags or containers
- If the amount purchased is greater than the participant's balance, the participant may pay the difference using a different form of payment



### Not allowed

- Bagged greens that contain other ingredients such as croutons or dressing
- Party Trays or Fruit baskets
- Decorative and ornamental fruits and vegetables
- Salad bar items
- Dried fruit and nut mixtures
- Nuts, including peanuts
- Herbs and spices

### Minimum Stock Requirement:

Fresh Fruit – 20 units, 3 varieties

Fresh Vegetables – 20 units, 3 varieties

### Full Line Grocery Requirement:

4 varieties of Fresh Fruit and 4 varieties of Fresh Vegetables with at least 5 units of each variety

# Breakfast Cereal

## Cold Cereal

12oz., 18oz., 24oz., or 36oz. box

### Authorized Brands, Sizes and Types Below

- \*Indicates a whole grain cereal



#### **Corn Flakes** – 18oz.

- Best Yet
- Brookshire's
- Essential Everyday
- Food Club (*and 12oz.*)
- IGA
- Kellogg's (*and 12, 24, 36oz.*)
- Kiggins
- Kroger
- Market Pantry
- SE Grocers
- Signature Select
- Shoppers Value
- Shurfine
- Valutime
- Winn Dixie

#### **Corn Squares** – 12oz.

- Best Choice
- Essential Everyday
- Food Club
- General Mills (*and 18oz.*)
- Great Value
- IGA
- Signature Select

#### **Crisp Rice** – 12oz.

- Best Choice
- Best Yet (*and 18oz.*)
- Brookshire's
- Essential Everyday
- Food Club
- IGA
- Kellogg's (*and 18, 24oz.*)
- Kiggins
- Kroger
- Malt O Meal (*and 18, 36oz.*)
- Market Basket (*18oz. only*)

#### **Crisp Rice Con't** – 12oz.

- Market Pantry
- SE Grocers
- Shurfine
- Signature Select
- Valutime

#### **Crispy Hexagons** – 12oz.

- Best Choice
- Essential Everyday
- Food Club
- IGA
- Kellogg's (*and 18 oz.*)

#### **Frosted Mini Wheats\*** - 18oz.

- Best Choice
- Best Yet
- Brookshire's
- Essential Everyday
- Food Club
- IGA
- Kellogg's (*and 24, 36oz.*)
- Malt O Meal (*and 36oz.*)
- SE Grocers
- Shurfine

#### **General Mills**

- Berry Berry Kix\* (*18oz.*)
- Honey Kix\* (*18oz.*)
- Kix\* (*12 or 18oz.*)
- Blueberry Chex (*12oz.*)

#### **Kellogg's**

- All-Bran Complete Wheat Bran Flakes\* (*18oz.*)
- Special K (*12 or 18oz.*)

#### **Post**

- Grape-Nuts Flakes\* (*18oz.*)
- Honey Bunches of Oats Whole Grain Honey Crunch\* (*18oz.*)
- Honey Bunches of Oats Whole Grain with Vanilla Bunches\* (*18oz.*)

#### **Toasted Oats\*** - 12oz.

- Best Yet
- Essential Everyday
- Essentials
- Food Club
- General Mills - Cheerios (*and 18oz.*)
- General Mills – MultiGrain Cheerios (*and 18oz.*)
- IGA
- Kroger
- Shurfine
- Signature Select

#### **Rice Squares** – 12oz.

- Essential Everyday
- Food Club
- General Mills (*and 18oz.*)
- IGA
- Kroger
- SE Grocers

#### **Strawberry Frosted Mini Wheats** – 18oz.

- Food Club
- Malt O Meal (*and 36oz.*)

## Hot Cereal

11.8-12oz. or 12oz. package

### Authorized Brands Below (by size)

#### **Instant Oatmeal, Plain, Individual Packets – 11.8-12oz. only**

- Brookshire's
- Essential Everyday
- Food Club
- Kroger
- Market Basket
- Piggly Wiggly
- Quaker
- SE Grocers
- ShurFine
- Signature Select
- Winn Dixie



#### **Instant Grits, Plain, Individual Packets - 12oz. only**

- Brookshire's
- Essential Everyday
- Food Club
- Quaker
- SE Grocers
- ShurFine

#### **Optional Stock Requirement:** Hot Breakfast Cereal - Optional

#### **Minimum Stock Requirement:**

Cold Breakfast Cereal – 15 boxes, 3 varieties  
(combination of 12oz. and 18oz. boxes, at least 1 variety must be whole grain)

#### **Full Line Grocery Requirement:**






5 varieties of Cold Breakfast Cereal with 5 or more units of each variety

# Infant Formula

Must be on the eWIC shopping list.

**No Substitutions**

**Minimum Stock Requirements are Based on Vendor Peer Group Assignment (see below)**

Infant Formula	Peer Group 1 1-3 Registers	Peer Group 2 4-7 Registers	Peer Group 3 8-11 Registers	Peer Group 4 12-15 Registers	Peer Group 5 16+ Registers
Similac Advance Powder – 12.4oz. can 	12	12	24	24	24
Similac Soy Isomil Powder – 12.4oz. can 	12	12	12	12	24
Similac Total Comfort Powder – 12.0oz. / 12.6oz. can 	12	12	24	24	24
Similac For Spit-Up Powder – 12.0oz. / 12.5oz. can 	12	12	12	12	24
Similac Sensitive Powder – 12.0oz. / 12.5oz. can 	12	12	24	24	24

**A50 Vendors: Peer Group 6**

Minimum stock will be based on corresponding non-A50 peer group requirement

# Infant Foods

**Authorized Brands Below**

- Organic allowed in the brands below
- Single or mixed combinations are allowed
- Texture may range from strained through diced

**Not allowed**

- No mixtures of fruits/vegetables with cereals, added sugars, starches, salt, artificial sweetener

**Infant Fruits and Vegetables**

- 4oz. container or 2-pack 4oz. containers

Brands:

- Beech-Nut Stage 1 and Stage 2, Organic Stage 1 and Stage 2
- Earth's Best Organic
- Gerber 1<sup>st</sup> Foods Organic
- Gerber 1<sup>st</sup> and 2<sup>nd</sup> Foods
- Happy Baby Organics
- Parent's Choice
- Tippy Toes
- Wild Harvest



**Minimum Stock Requirement:**

Infant Fruit – 32 containers, 2 varieties  
 Infant Vegetables – 32 containers, 2 varieties

**Infant Meats**

- 2.5oz. container

Brands:

- Beech-Nut Stage 1
- Earth's Best Organic
- Gerber 2<sup>nd</sup> Foods
- Tippy Toes Stage 2



**Minimum Stock Requirement:**

Infant Meat – 16 containers, 2 varieties

**Infant Cereal**

- 8oz. container:  
*Rice, Oatmeal, Multigrain*

Brands:

- Beech-Nut
- Earth's Best
- Gerber



**Minimum Stock Requirement:**

Infant Cereal – 10 containers