



Special Supplemental Nutrition Program for Women, Infants, and Children (WIC)

What to Bring to Your Louisiana WIC Appointment

The Louisiana WIC Program provides enrolled participants with breastfeeding education and support, nutrition counseling and education, nutritious food benefits, and referrals to medical providers and other programs. Federal Regulations and state policy require that each applicant provide documented proof of identification, residency, household income, and pregnancy (when applicable) to determine eligibility for enrollment in the WIC Program. Please bring the information indicated below to your WIC appointment. If you have questions regarding any of this information, contact your WIC clinic for clarification.

1. Person(s) Applying for WIC

Bring each person who is applying for WIC to the clinic with you on the appointment date. Bring an extra diaper for infants and children who are applying for WIC since they must be weighted with a clean, dry diaper.

2. Immunization Records(s)

Bring the immunization records for all infants and children applying for WIC, if available.

3. Proof of Identification

You should bring identification for yourself and for each person who is applying for WIC. The following are acceptable proof of identification:

For Infants and Children

- Birth Certificate or Birth Record
- Nursery ID Bracelet
- Valid Medicaid Card
- Medical Record, Insurance Card, or Immunization records

For Adults

- Birth Certificate or Medical Records (*excluding immunization record*)
- Current Driver's License or State Issued ID Card
- Current Passport or Immigration Card
- Valid Insurance Card or Medicaid Card
- Valid Voter Registration Card

4. Proof of Residency (For infants and children, proof must be provided for the parent/caretaker also.)

You should bring proof of where you live. The document should include your name, physical address, city, state, and zip code. P.O. boxes are not accepted. The following are acceptable for proof of residency:

- Valid Medicaid Card
- Valid Voter Registration Card
- Current Rent or Mortgage receipt showing address of residence and name of renter
- Current pay stub showing employee address
- Current utility bill (gas, electric, water, phone, etc.)
- State or local document indicating Louisiana residence, i.e., property tax notice
- Processed mail addressed to the participant or parent/caretaker at the physical address
- For migrants or victims of theft, loss or disaster with no proof of residence, a statement written and signed by staff of a social service agency, church, legal aid society, school counselor, or nurse attesting to residence.

5. Proof of Income – income for all members of the Economic Unit/Household must be provided

◆ If you receive Medicaid, SNAP (Food Stamps), or TANF, bring one of the following:

- Medicaid Letter showing current eligibility or valid Medicaid Card
- SNAP (Food Stamp Program) document showing current eligibility
- TANF (Temporary Aid to Needy Families) document showing current eligibility

◆ If you **DO NOT** receive Medicaid, SNAP (Food Stamps), TANF, the following are accepted:

- Public assistance or welfare payments for the most recent 30 days
- Child support or alimony payments for the most recent 30 days
- Current pay stubs showing gross pay and time frame (weekly, monthly, etc.) for the most recent 30 days
- Current Leave and Earnings Statement (LES) for military personnel for the most recent 30 days
- Social Security award letter or notice stating current earnings
- Unemployment earning statement for the most recent 30 days
- Retirement, pensions, or annuities payments
- Scholarship letter showing the date and amount awarded
- W-2 forms or income tax return for the most recent calendar year
- Tax Returns for the self-employed from the most recent calendar year
- Signed statement from employer indicating gross earnings and time frame (weekly, monthly, etc.) for the most recent 30 days
- Winnings or payments from gaming, gambling, lottery, and bingo
- Other cash income, including regular contributions from persons not living in the household

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