



HEALTHCARE FACILITY

WELLSPOT BENCHMARKS



All (non-hospital) healthcare facility WellSpots must be designated tobacco-free locations and provide patient education. In addition to being tobacco-free and providing patient education, healthcare facilities may meet additional wellness benchmarks.

LEVEL 3

TOBACCO-FREE POLICY
PATIENT EDUCATION
TWO BENCHMARKS OF CHOICE

LEVEL 2

TOBACCO-FREE POLICY
PATIENT EDUCATION
EIGHT BENCHMARKS OF CHOICE

LEVEL 1

TOBACCO-FREE POLICY
ALL BENCHMARKS MET

BENCHMARKS	DOCUMENTATION/VERIFICATION
Comprehensive tobacco-free policy	Copy of policy
Tobacco cessation coverage within employee health plans	Copy of health plan benefits or health plan promotional materials
Promotion of the Louisiana Tobacco Quitline or another approved cessation service organization	Written description or pictures of ways in which the LA Tobacco Quitline or other service is promoted to both patients and staff
Designation as a Breastfeeding Friendly Workplace or Champion	Well-Ahead LA will verify this benchmark is met with the Louisiana Breastfeeding Coalition.
Promotion of the 5-2-1-0 Let's Go! Healthy Workplaces message in at least two ways	Written description or pictures of at least two ways in which the 5-2-1-0 Let's Go! Healthy Workplaces' message is promoted to employees and patients
Promotion of self-assessment tools for prediabetes and heart health among employees	Written description or pictures of ways in which the self-assessment tools are promoted
Worksite Wellness Program- Beginning Implementation The first steps in beginning a worksite wellness program are gaining support from management, determining who will lead the program, and planning an initial assessment of your employees to determine current health habits and interests.	<ul style="list-style-type: none"> Letter from management indicating support for a worksite wellness program Name of the designated staff person to lead the program Brief description of worksite/employee assessments planned, in progress, or completed
Worksite Wellness Program- Partial Implementation Once you've assessed your employees, you will utilize the results to develop a work plan of activities or programs to encourage healthy behaviors surrounding physical activity, nutrition, tobacco cessation and mental health.	Copy of wellness work plan or calendar of events specific to the organization, reflective of assessment results, and including activity descriptions related to physical activity, nutrition, tobacco cessation and mental health

<p>Worksite Wellness Program- Full Implementation</p> <p>Now that you have a plan, you'll continue to encourage and motivate your employees as you implement the plan. After one year, you'll do an assessment to evaluate the impact of your program. Assessments should be continued on an annual basis.</p>	<p>Description of how annual program evaluation was conducted or copy of annual evaluation results</p>
<p>At least 50% of vending items in each snack and beverage machine or provided snack options meet the approved healthy vending guidelines</p>	<p>Inventory of vending machine or snack options from vendor (with nutritional information if available) or picture of vending machine (if nutritional information is posted on the machine)</p>
<p>Adoption of at least one nutrition-based policy:</p> <ul style="list-style-type: none"> • Healthy vending policy • Healthy meeting policy 	<p>Copy of at least one policy that makes healthy food options more accessible</p>
<p>Standard Operating Procedure in place that documents follow-up process for outgoing and incoming referrals and is communicated and understood by all staff</p>	<p>Copy of Standard Operating Procedure and written documentation that SOP was discussed and reviewed with staff at least annually</p>
<p>Team-based care:</p> <ul style="list-style-type: none"> • Leadership support statement 	<p>Copy of signed leadership support statement</p>
<p>Team-based care: Training</p> <p>Team-based care training available for clinical and non-clinical staff annually (state will host at least one annual training via webinar)</p>	<p>Documented training date and attendance sheet and examples of changes made or planned as a result of training</p>
<p>Implementation of at least one of the following practices for Culturally and Linguistically Appropriate Services (CLAS):</p> <ul style="list-style-type: none"> • Provision of staff training, sometimes referred to as cultural sensitivity or diversity training • Utilization of bilingual providers • Utilization of bilingual family members and support staff • Utilization of professional medical interpreters • Utilization of telephonic interpretation services • Provide printed materials in the languages of the facility's population • Assess health literacy of the facility's patient population 	<p>Written description documenting adoption of at least one strategy</p>

<p>Patient Education</p> <p>Materials related to at least two of the suggested topics visible in waiting area or sent home at discharge/visit conclusion</p>	<p>Written description or pictures of ways in which educational materials are promoted</p> <ul style="list-style-type: none"> Select two from the following topics: cancer screening/services, hypertension screening/management, diabetes screening/management, prediabetes, fluoride treatment, oral health preventive care, weight management, nutrition education, physical activity education, HPV vaccination, screening tools (prediabetes, diabetes, heart health)
<p>Enroll as a fax-to-quit provider. At least one provider within the facility must do so to meet this benchmark.</p>	<p>Certification of training</p>
<p>Offer or refer to community resource for diabetes self-management education (DSME) and/or diabetes prevention programs (DPP) for outpatient care</p>	<p>Name and written description of in-house curriculum or name and address of organization where healthcare facility refers patients</p>