

2012 Louisiana Diabetes Factsheet

Diabetes Prevention & Control Program

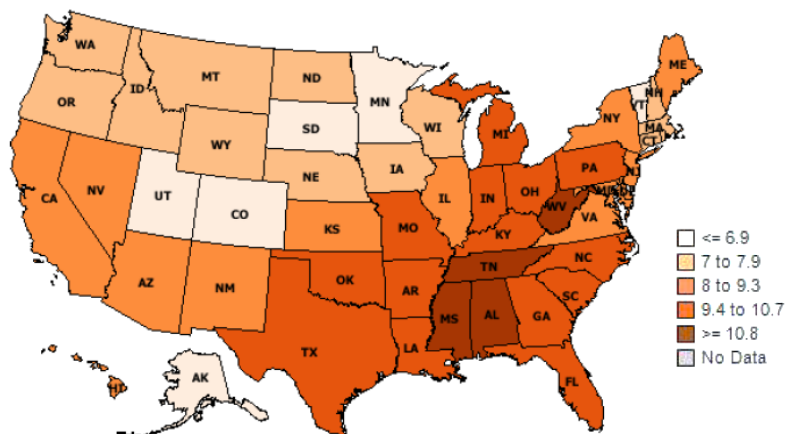
- In 2010, an estimated 10.3% of the adult population of Louisiana was diagnosed with diabetes
- The prevalence for diabetes has steadily increased from 6.6% to 10.3% from 2000 to 2010
- Diabetes is the fifth leading cause for deaths among Louisiana residents
- Louisiana ranked 11th in the nation for people diagnosed with diabetes
- Louisiana has the 2nd highest diabetes mortality rate in the nation

Estimated Diabetes Prevalence in Louisiana Adults by Demographic

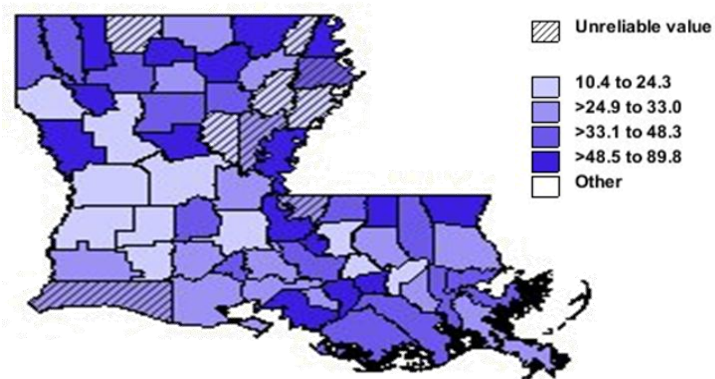
Demographic	Percent
Total	10.3
Gender	
Male	9.7
Female	10.9
Age	
18-44 years	7.4
45-54 years	9.6
55-64 years	20.5
65+ years	24.2
Ethnicity	
White	9.2
Black	12.9
Hispanic	8.1
Income	
<\$15,000	19.5
\$15,000-\$24,999	14.3
\$25,000-\$34,999	11
\$35,000-\$49,999	9.9
\$50,000+	6.4
Education	
<High School	16.3
High School	10.5
Post-High School	9.6
College Degree	8.2

Louisiana BRFSS, 2010

Diabetes Prevalence United States, BRFSS 2010



Diabetes Age-Adjusted Mortality Rates, CDC 2004-2007



Recommendations

- Individuals forty years and older should have their blood sugar levels checked regularly
- Diabetics should have their eyes and feet checked annually
- Diabetics should have a glycosylated hemoglobin measurement (A1C test) four times a year

Did You Know?

- 70% of diabetic adults had their HbA1C checked two or more times last year
- Only 67% of diabetic adults had their annual eye examination
- 72% of adults with diabetes had their feet checked annually